

AMFLOW

Quick Start Guide

快速入门指南

快速入門指南

퀵 스타트 가이드

Kurzanleitung

Guía de inicio rápido

Guide de démarrage rapide

Guida di avvio rapido

Snelstartgids

Guia de início rápido

AMFLOW PL CARBON | PL CARBON PRO

AMFLOW

**EN**

Read following instructions carefully before use and keep them for future reference. AMFLOW™ PL Carbon is used as an example. The illustrations in this guide may differ from the actual product. It is important to properly use the torque wrench during assembly to make sure all fasteners are tightened to the required torque.

CHS

使用前请仔细阅读说明书，并妥善保存。本手册以 AMFLOW™ PL Carbon 作为主要图示，所购买产品的实际外观结构与包装内容请以实物为准。在安装过程中正确使用扭力扳手，确保拧紧到标注的扭力。

CHT

使用前請仔細閱讀說明書，並妥善保存。本手冊以 AMFLOW™ PL Carbon 作為主要示意圖，所購買產品的實際外觀結構與包裝內容請以實物為準。安裝時請正確使用扭力扳手，確保已轉緊到標註的扭力。

KR

사용 전에 다음 지침을 주의 깊게 읽고 나중에 참조할 수 있도록 보관하십시오. AMFLOW™ PL Carbon이 예시로 사용되었습니다. 이 가이드의 그림은 실제 제품과 다를 수 있습니다. 조립 시 모든 고정 장치가 필요한 토크로 조여지도록 토크 렌치를 적절히 사용하는 것이 중요합니다.

DE

Lesen Sie die folgenden Anweisungen vor dem Gebrauch sorgfältig durch und bewahren Sie sie zum späteren Nachschlagen auf. Das AMFLOW™ PL Carbon wird als Beispiel verwendet. Die Abbildungen in dieser Anleitung können vom tatsächlichen Produkt abweichen. Bei der Montage muss der Drehmomentschlüssel ordnungsgemäß verwendet werden, um sicherzustellen, dass alle Befestigungselemente mit dem erforderlichen Drehmoment angezogen werden.

ES

Lea con atención las siguientes instrucciones antes del uso y guárdelas para futuras consultas. AMFLOW™ PL Carbon se utiliza como ejemplo. Las ilustraciones de esta guía pueden variar respecto del producto real. Es importante utilizar correctamente la llave dinamométrica durante el montaje para asegurarse de que todos los tornillos queden apretados con la torsión necesaria.

FR

Lisez attentivement les instructions suivantes avant utilisation et conservez-les pour référence future. Le modèle AMFLOW™ PL Carbon est utilisé comme exemple. Les illustrations de ce guide peuvent différer du produit réel. Il est important d'utiliser correctement la clé dynamométrique lors de l'assemblage pour s'assurer que toutes les fixations sont serrées au couple requis.

IT

Leggere attentamente le istruzioni prima dell'uso e conservarle per future consultazioni. AMFLOW™ PL Carbon è utilizzato come esempio. Le illustrazioni contenute in questa guida possono variare rispetto al prodotto reale. È importante utilizzare correttamente la chiave dinamometrica durante il montaggio affinché tutti gli elementi di fissaggio siano serrati alla coppia richiesta.

NL

Lees de volgende instructies vóór gebruik zorgvuldig door en bewaar ze voor toekomstig gebruik. AMFLOW™ PL Carbon wordt als voorbeeld gebruikt. De afbeeldingen in deze gids kunnen afwijken van het eigenlijke product. Het is belangrijk om tijdens de montage de moersleutel op de juiste manier te gebruiken, om er zeker van te zijn dat alle bevestigingsmiddelen met het vereiste aanhaalmoment zijn vastgedraaid.

PT

Leia atentamente as instruções que se seguem antes da utilização e guarde-as para referência futura. A AMFLOW™ PL Carbon é utilizada como exemplo. As ilustrações neste guia podem diferir do produto real. É importante que utilize corretamente a chave dinamométrica durante a montagem para garantir que todos os elementos de fixação são apertados com o binário necessário.

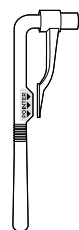
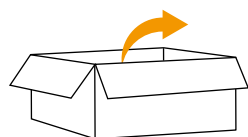
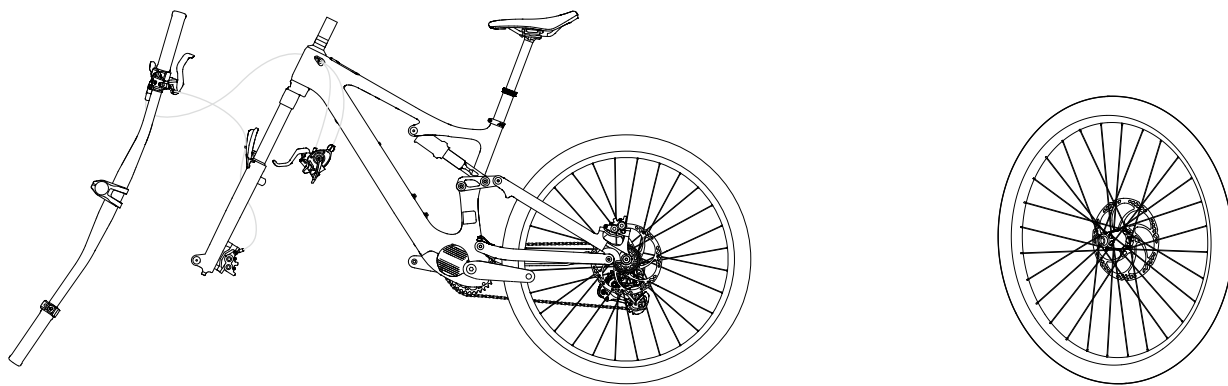


<https://www.amflowbikes.com/pl-carbon/downloads>



Avinox App

<https://www.avinox-ebike.com/avinox-system/downloads>



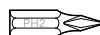
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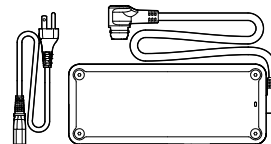
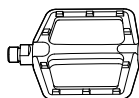
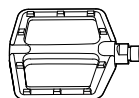
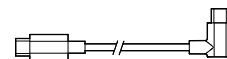
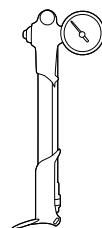
H 2/3/4/5/6

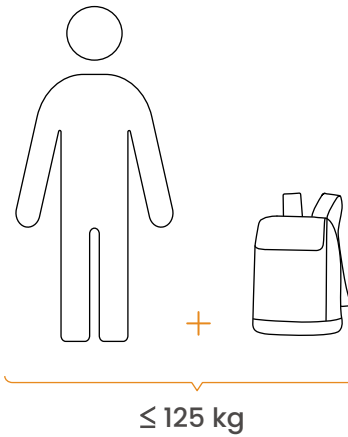
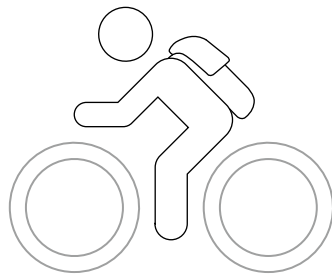
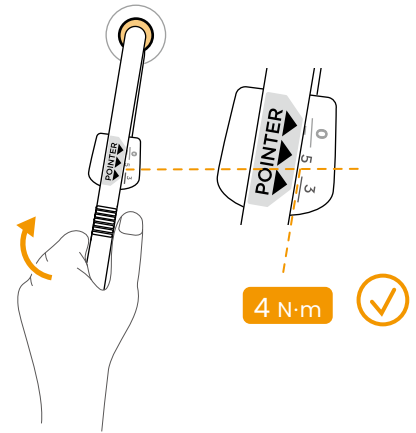
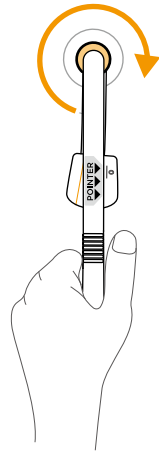
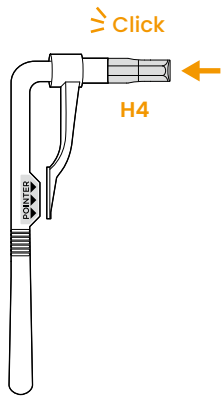


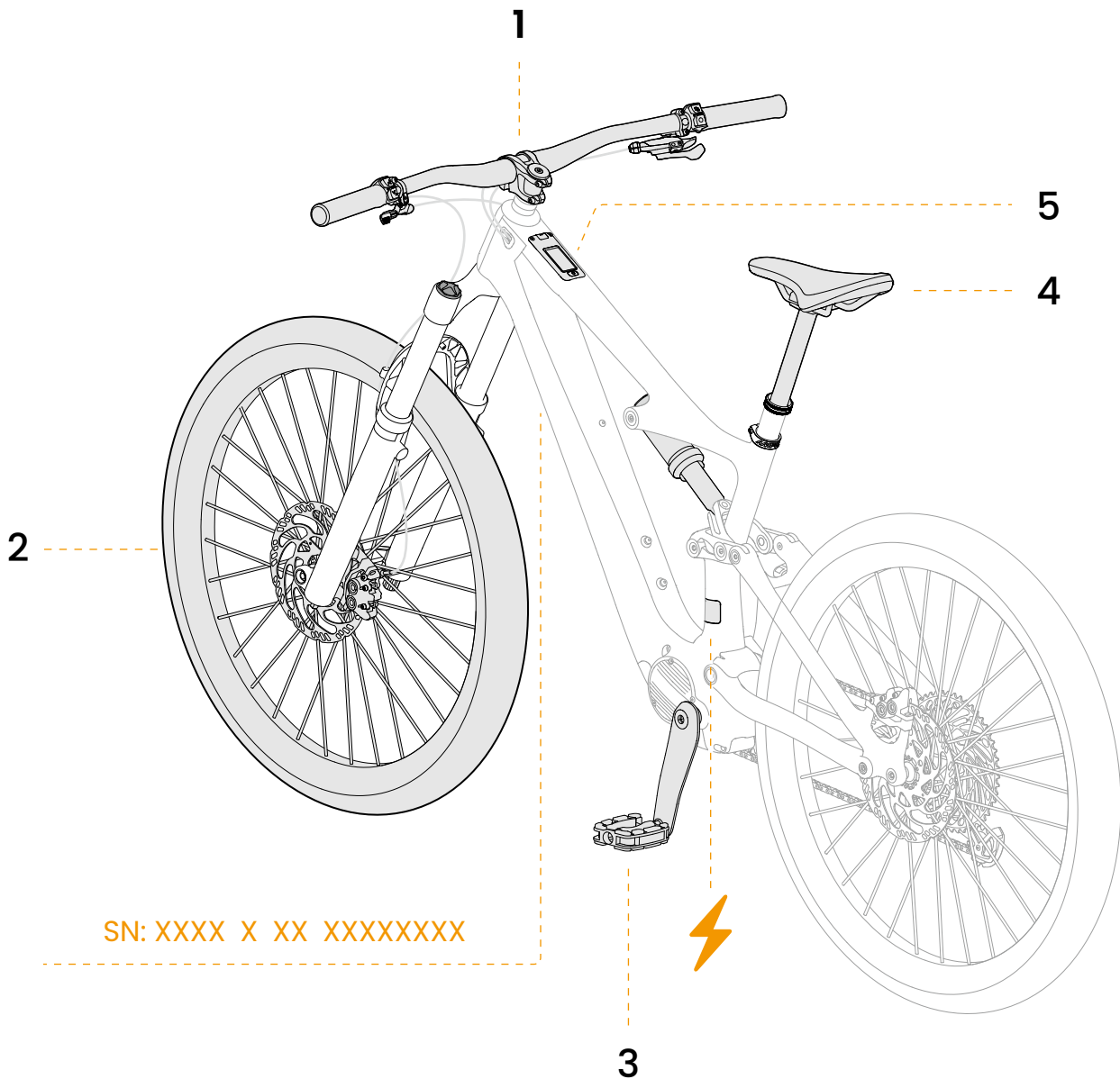
T-25



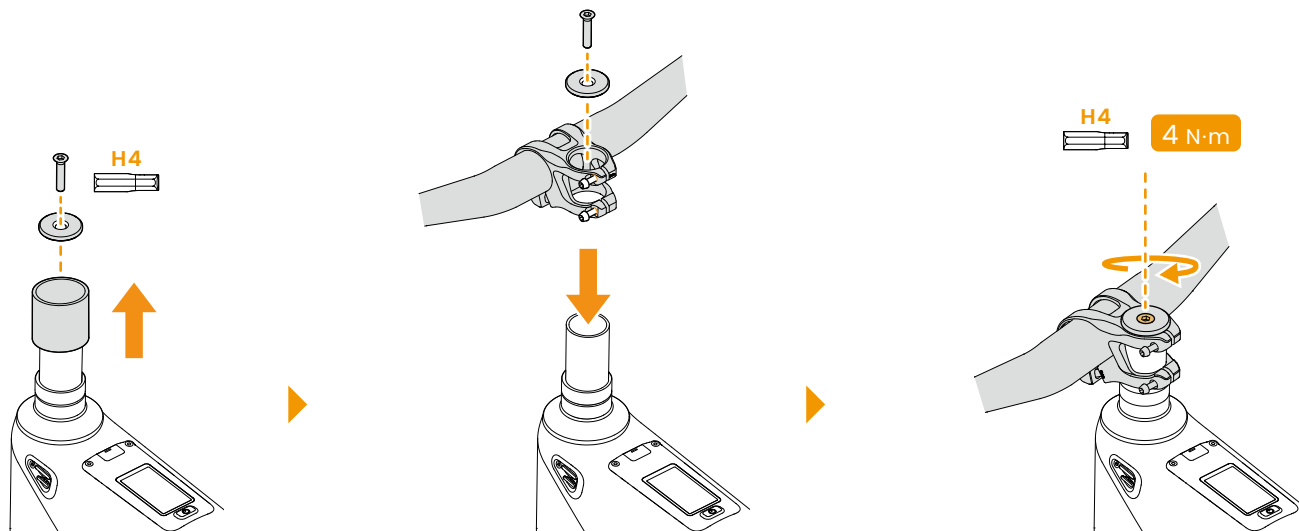
PH2







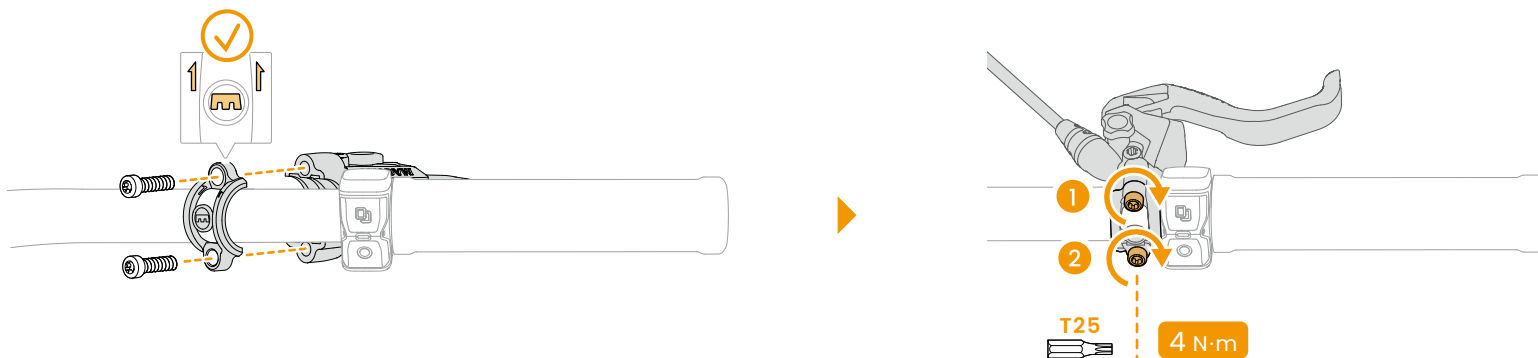
1-a Install the Handlebar / 安装车把



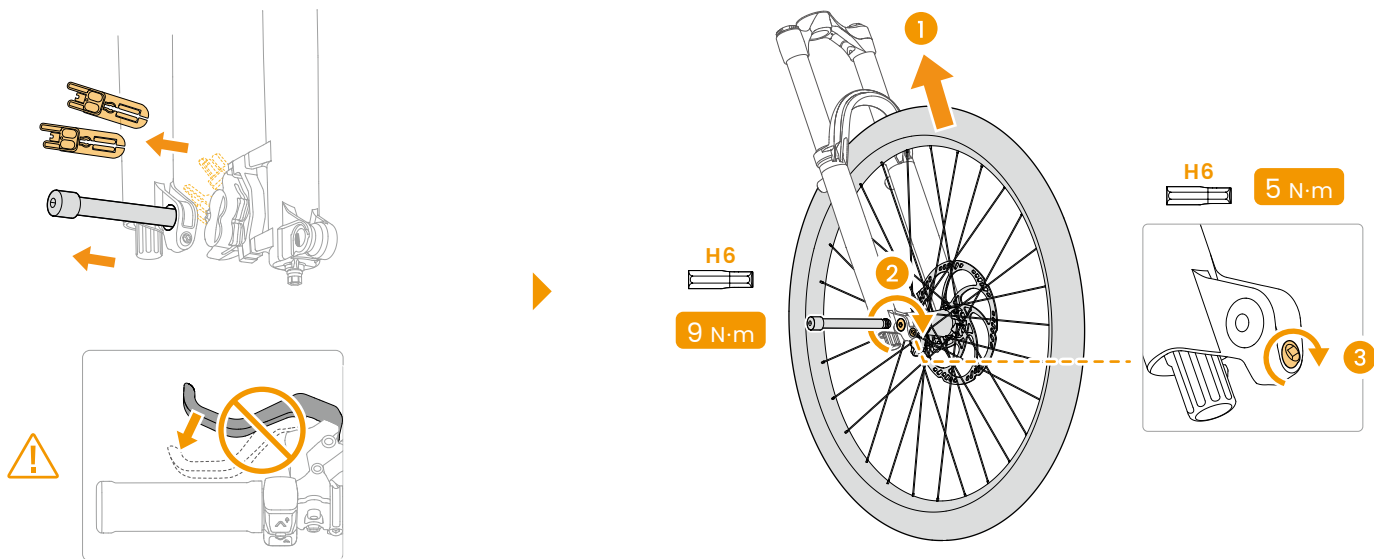
1-b Install the Brake Lever / 安装刹车手柄



- ◆ First tighten the upper screw, then adjust the angle of the lever and tighten the lower one.
- ◆ 首先拧紧上方螺丝，然后调整刹车手柄角度，再拧紧下方螺丝。

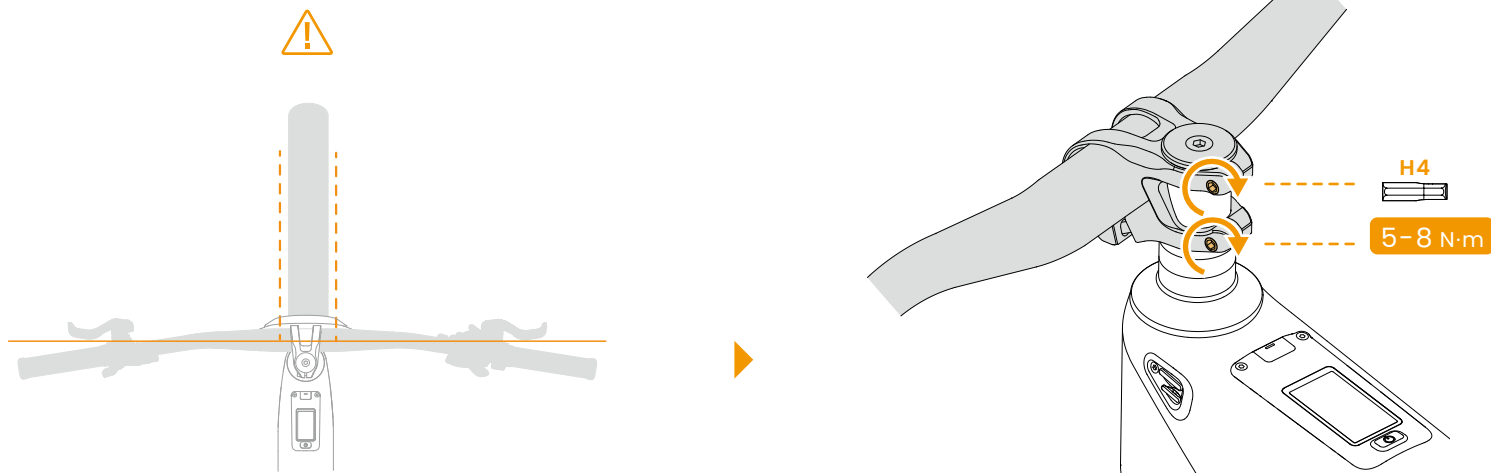


2-a Assemble the Front Wheel / 安装前轮

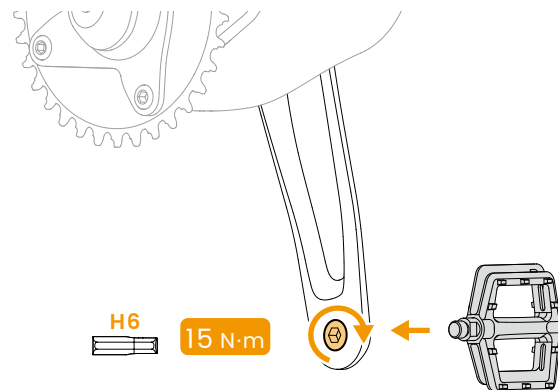
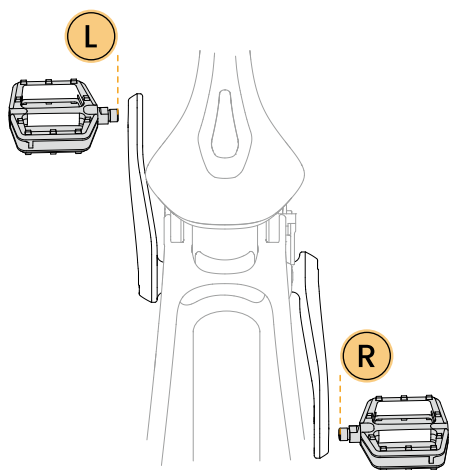


2-b Align Stem and Front Wheel / 对齐把立与前轮

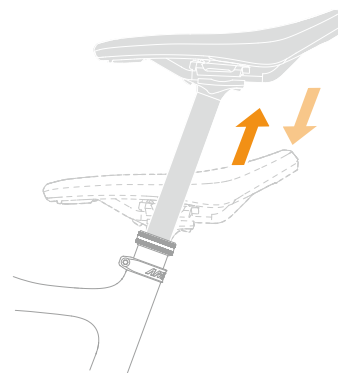
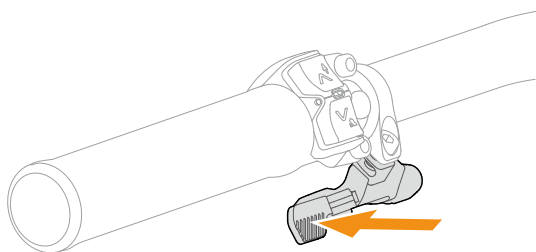
Tighten the Stem / 锁紧把立



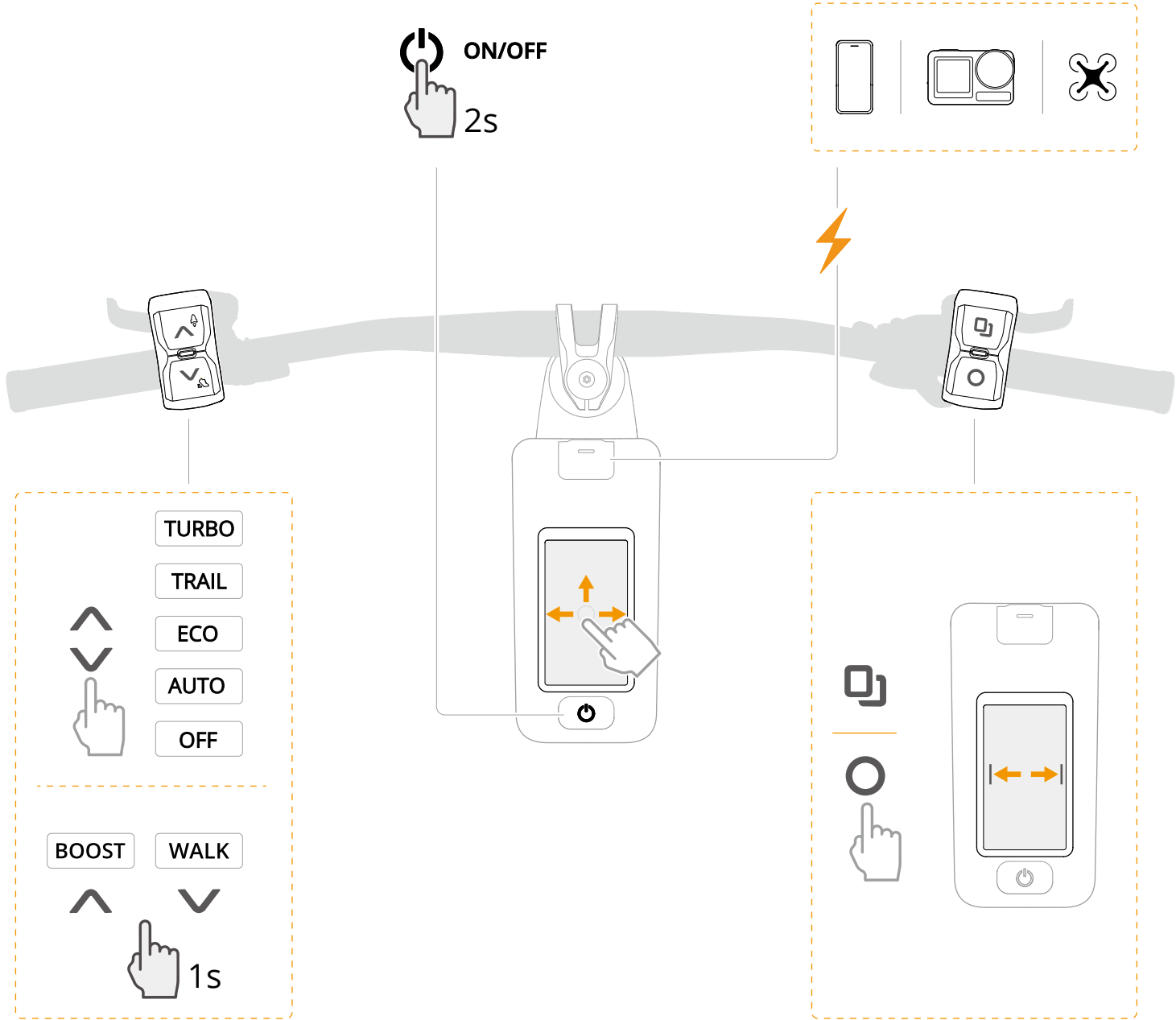
3 Install the Pedals / 安装脚踏



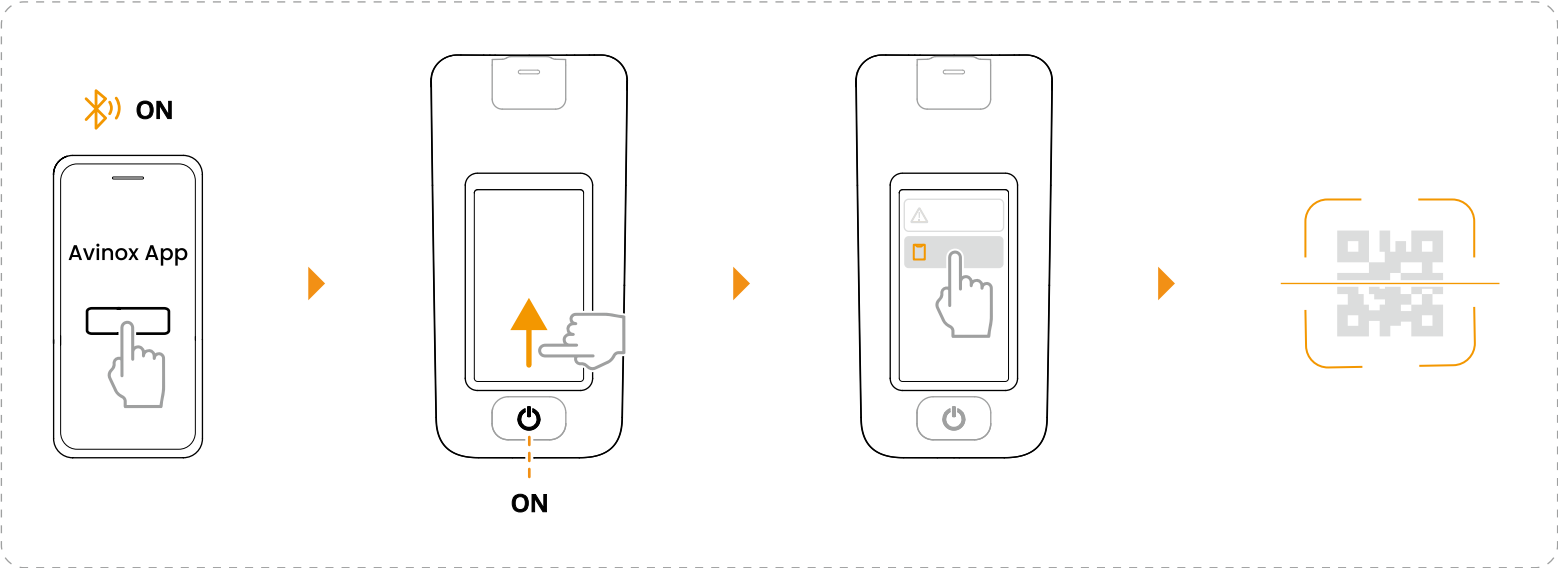
4 Use the Dropper Seatpost / 使用升降座杆



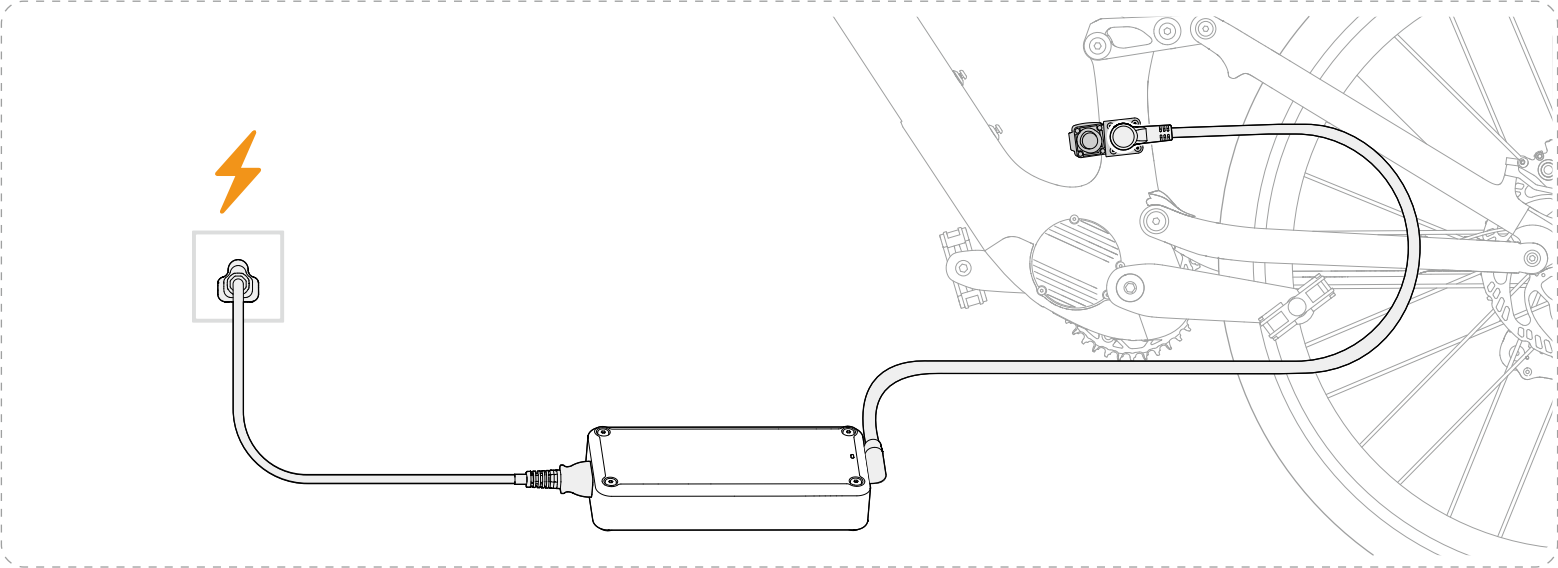
5 Control Display and Wireless Controllers / 中控屏及指拨功能



Pair and Activate / 配对激活



Charge the Battery / 充电



- ◆ Contact your local authorized AMFLOW retailer for help if you are not sure about the assembly steps.
- ◆ Refer to the User Manual for more information about usage and maintenance.
- ◆ For other components, the applicable torque specifications can be found in the manufacturer manual or the printed section near the bolt.



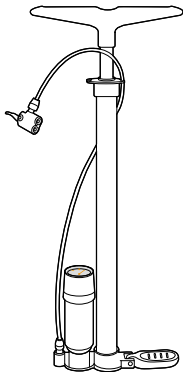
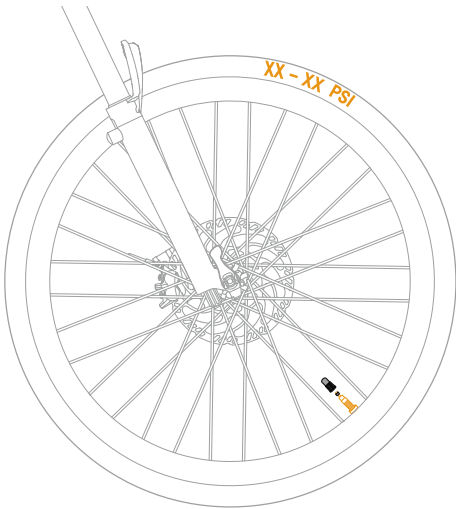
- ◆ The front brake is on the left-hand side of the handlebars and the rear brake is on the right-hand side of the handlebars by default. Switch brake lever positions according to the regulations in your country or region.
- ◆ The pedals in the package are for trials only. Do not use the pedals for mountain biking. The required torque of each pedal is 30–35 N·m. It is recommended to ask local authorized retailers or use professional tools to fully tighten the pedals to avoid loosening during riding.

Inflate the Tires

Before riding, inflate the tires to the recommended pressure according to the total weight (rider and payload). Prepare a Presta valve pump with an air pressure gauge.



- ◆ Refer to the sidewall of the tire for the pressure range. Do not exceed the maximum pressure limit.



Weight / kg	Front Wheel / psi	Rear Wheel / psi
50	19	22
60	20	23
70	21	24
80	22	25
90	23	27
100	25	28
110	26	29
120	27	31

Set Up Fork and Rear Shock

Before riding, set up the fork and rear shock according to the total weight (rider and payload). While riding, you can further adjust as needed based on your experience and terrain conditions.

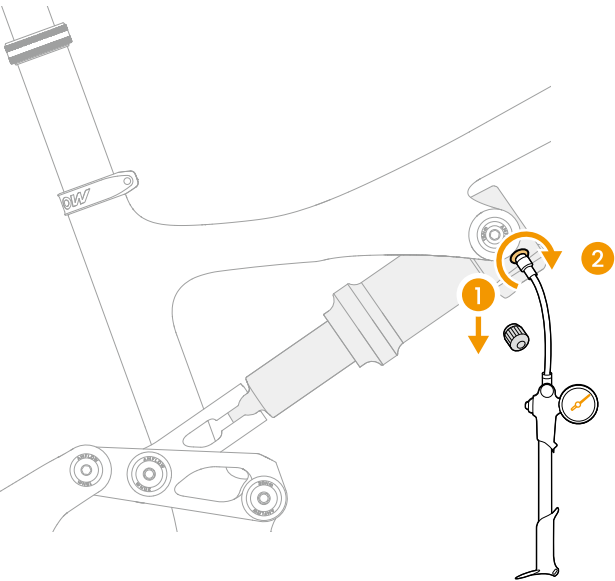


- ◆ Do not exceed the maximum pressure limit of the manufacturer.
- ◆ The models of the fork and rear shock are different for Amflow PL Carbon Pro. Refer to the manufacturer manual for more information about the adjustment.

EN

Shock

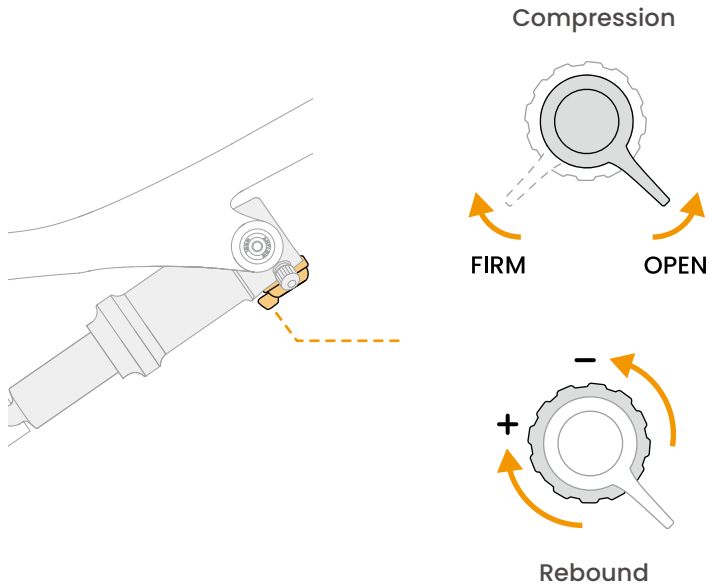
Air pressure



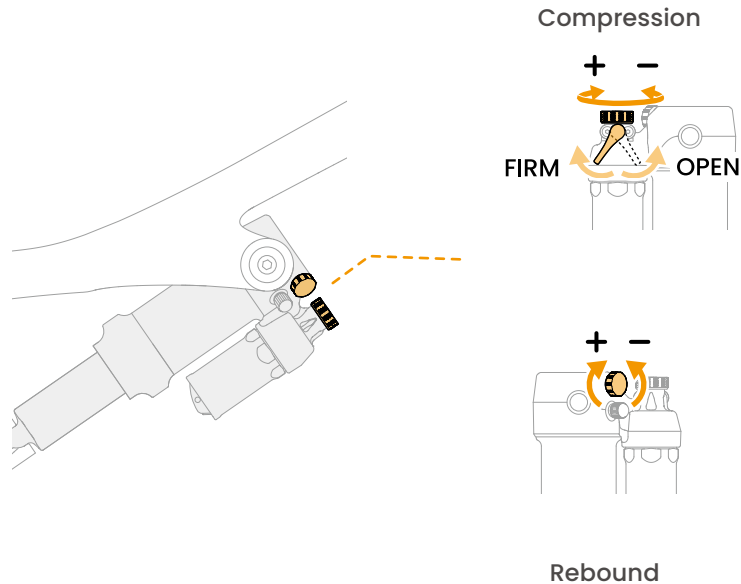
The recommended air pressure range by AMFLOW is shown in the table.

Weight / kg	PL Carbon / psi	PL Carbon Pro / psi
50	93	107
60	115	131
70	138	155
80	160	178
90	183	202
100	205	226
110	228	250
120	250	273

PL Carbon



PL Carbon Pro

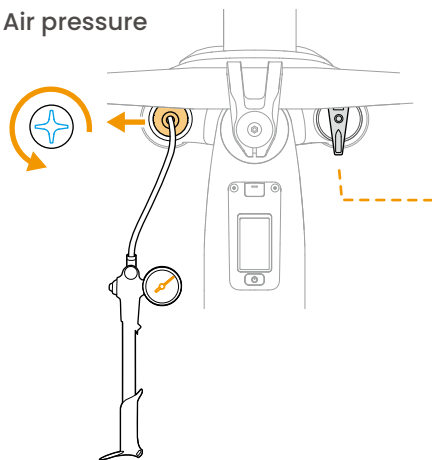


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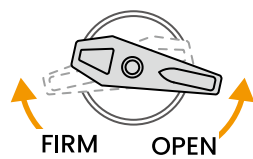
Fork

Adjust the air pressure and rebound according to the recommended range printed on the fork.

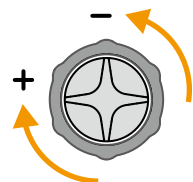
Air pressure



Compression

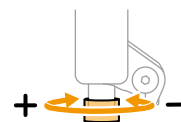


PL Carbon

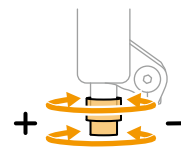


PL Carbon Pro

Rebound



PL Carbon



PL Carbon Pro

- ◆ 若无法自行安装, 请联系 AMFLOW 授权门店获取帮助。
- ◆ 请在官网查询《用户手册》进一步了解使用、保养等内容。
- ◆ 其余部件的扭力规格可在制造商手册中查询, 或已印在螺丝附近的部件上。



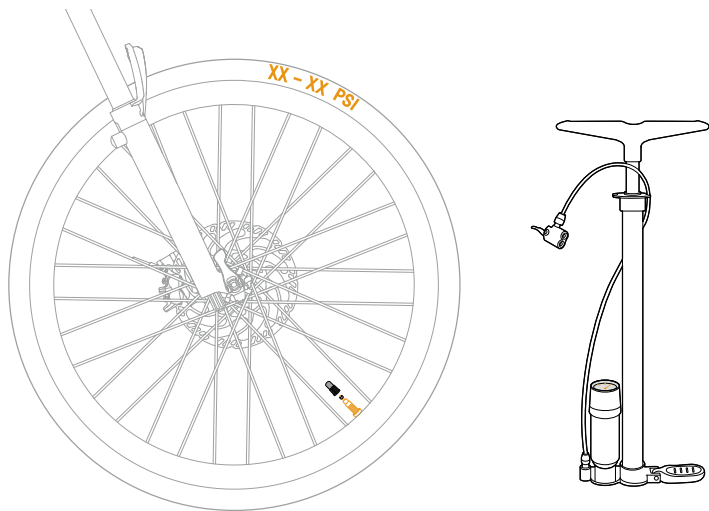
- ◆ 出厂时默认左侧为前刹, 右侧为后刹, 请根据法规要求, 交换刹车手柄的位置。
- ◆ 包装内脚踏仅可进行试骑, 请勿用于山地骑行。完全拧紧所需的扭力为 30-35 N·m, 建议到授权门店或使用专业工具完全拧紧, 防止骑行过程中脚踏松脱。

胎压调节

骑行前, 根据体重和骑行装备重量, 调节轮胎气压, 请准备带有气压计的法式气嘴 (FV) 打气筒。



- ◆ 查看轮胎侧壁确认气压范围, 请勿超过最大胎压限制。



骑行重量 /kg	(前) 胎压 /psi	(后) 胎压 /psi
50	19	22
60	20	23
70	21	24
80	22	25
90	23	27
100	25	28
110	26	29
120	27	31

避震调节

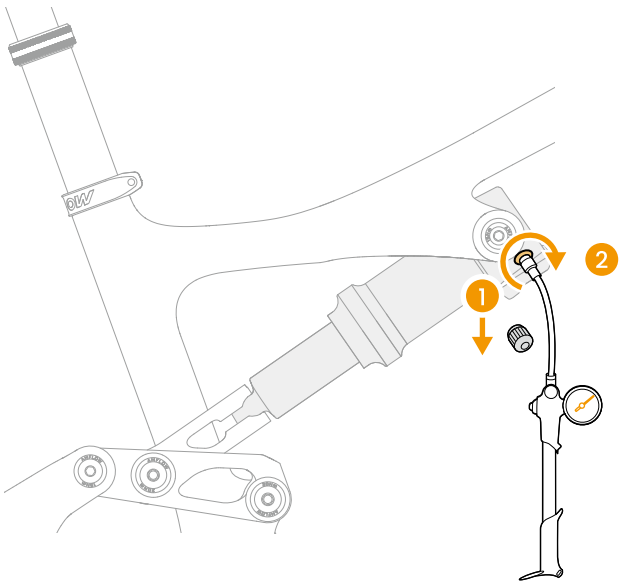
骑行前，根据体重和骑行装备重量调节前后避震器。骑行过程中，可根据骑行体验和路况，按需进行调节。



- ◆ 请勿超过避震器厂商所规定的最大气压。
- ◆ Amflow PL Carbon Pro 所用避震器型号有所不同，若需进一步了解避震器的设置，请查阅避震器厂商的说明。

后避震器

气压

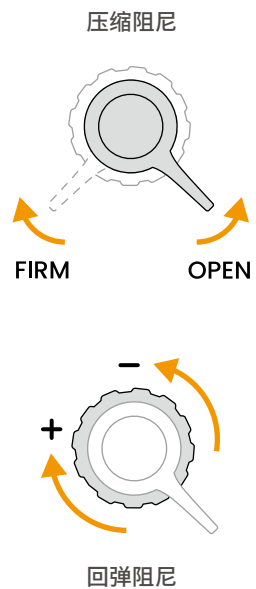
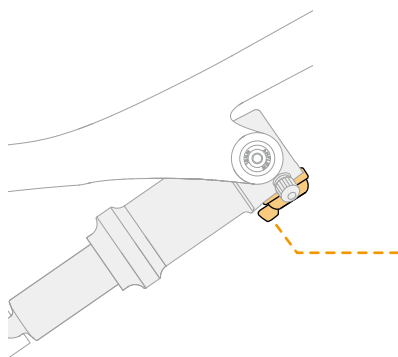


AMFLOW 推荐的气压范围为：

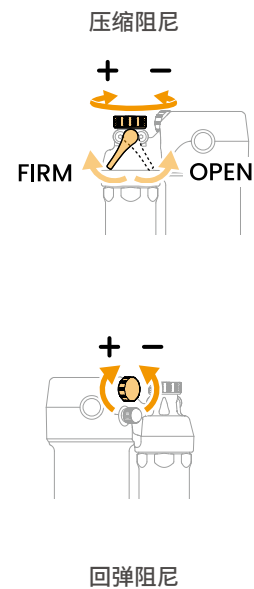
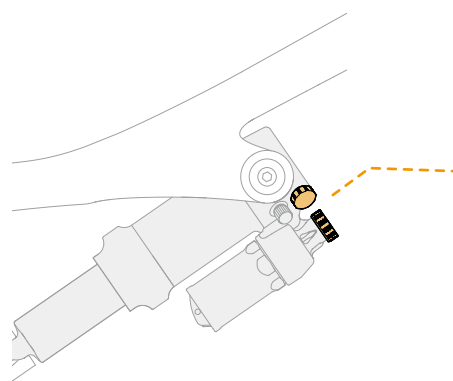
骑行重量 / kg	PL Carbon 气压 /psi	PL Carbon Pro 气压 /psi
50	93	107
60	115	131
70	138	155
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PL Carbon

CHS



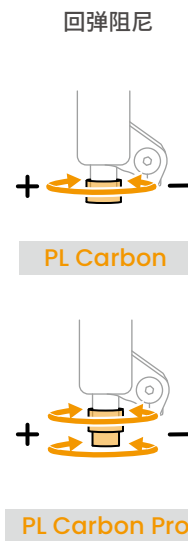
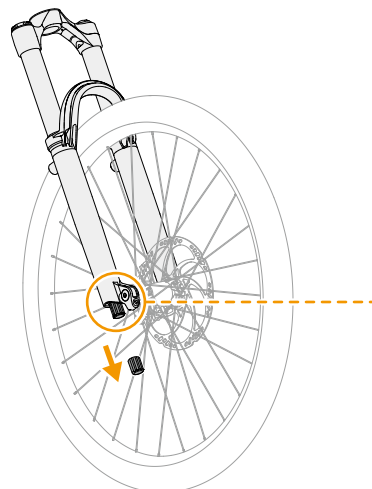
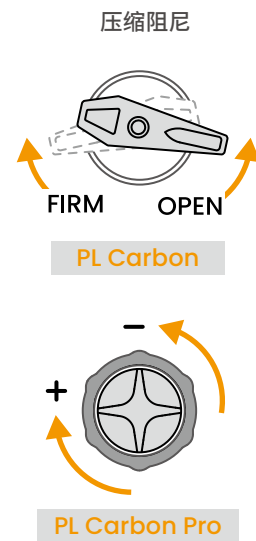
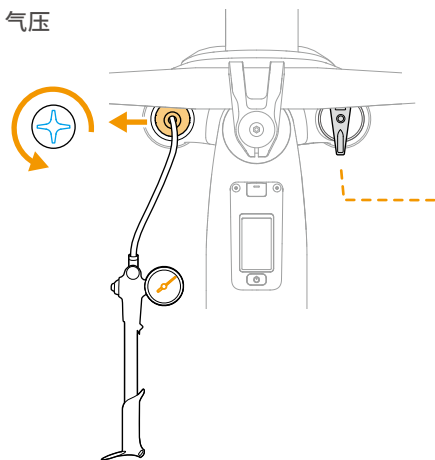
PL Carbon Pro



前叉

根据前叉上印有的推荐气压范围进行调节。

气压



- ◆ 若無法自行安裝，請聯絡 AMFLOW 授權門市取得協助。
- ◆ 請在官網查詢《使用者手冊》，進一步瞭解使用、保養等內容。
- ◆ 其餘零件的扭力規格可在製造商手冊中查詢，或已印在螺絲附近的零組件上。



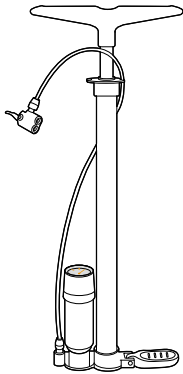
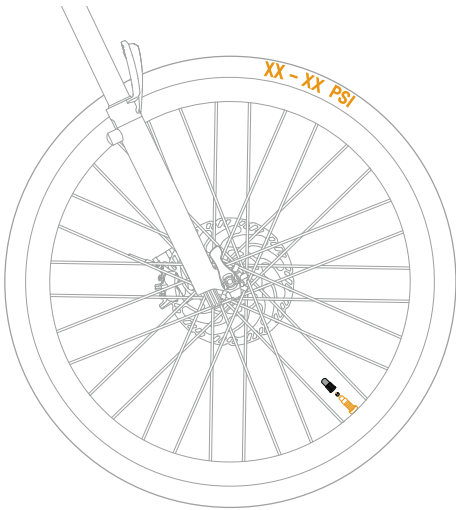
- ◆ 出廠時預設左側為前煞車，右側為後煞車，如法規有要求，請交換煞車手把的位置。
- ◆ 包裝內的腳踏僅可進行試騎，請勿用於山地騎行。完全轉緊所需的扭力為 30-35 N·m，建議到授權門市或使用專業工具完全轉緊，防止騎行過程中腳踏鬆脫。

胎壓調節

騎行前，請根據體重和騎行裝備重量，調節輪胎氣壓，請準備附有氣壓計的法式氣嘴 (FV) 打氣筒。



- ◆ 請查看輪胎側壁確認氣壓範圍，勿超過最大胎壓限制。



騎行重量 /kg	(前) 胎壓 /psi	(後) 胎壓 /psi
50	19	22
60	20	23
70	21	24
80	22	25
90	23	27
100	25	28
110	26	29
120	27	31

避震調節

騎行前，請根據體重和騎行裝備重量，調節前後避震器。騎行時，可根據騎行體驗和路況，視需要進行調節。

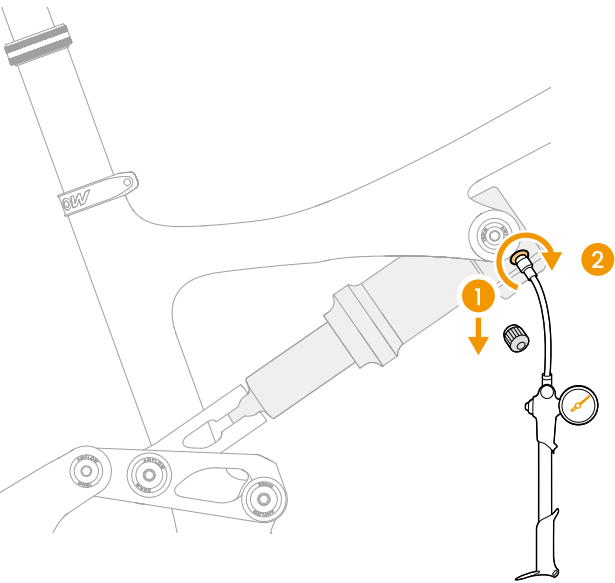


- ◆ 請勿超過避震器廠商所規定的最大氣壓。
- ◆ Amflow PL Carbon Pro 所用的避震器型號會有所不同，若需進一步瞭解避震器的設定，請參閱避震器廠商的說明。

CHT

後避震器

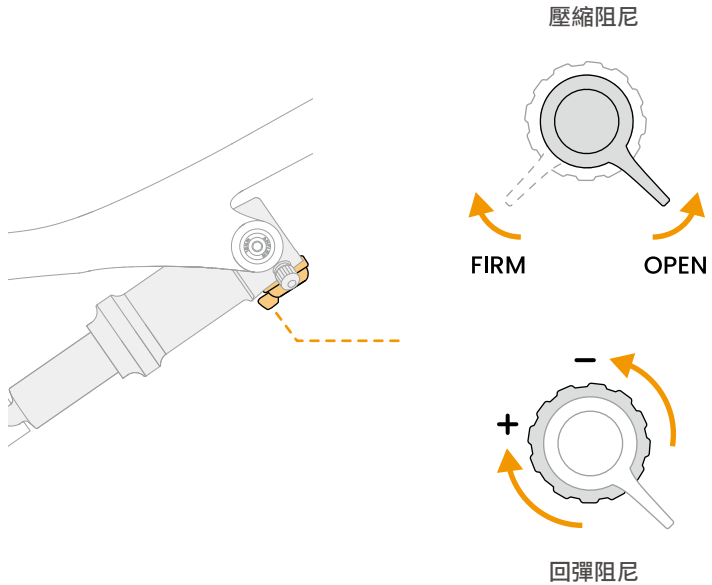
氣壓



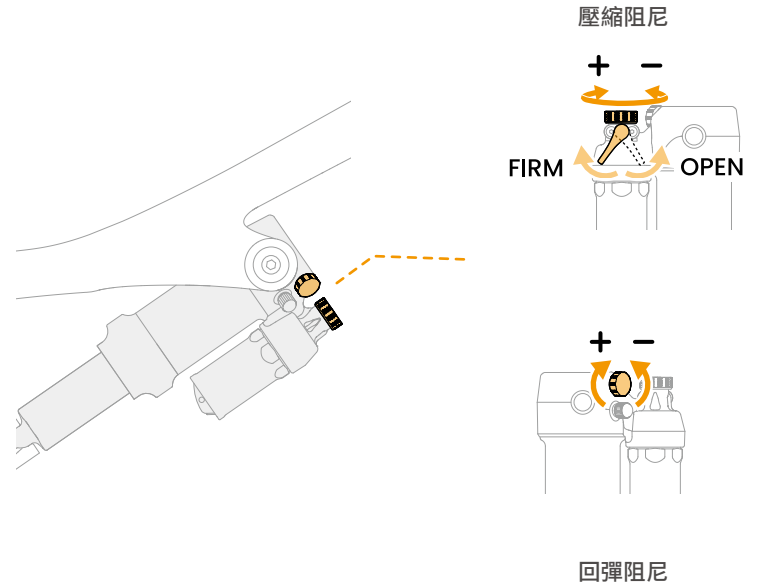
AMFLOW 建議的氣壓範圍為：

騎行重量 /kg	PL Carbon 氣壓 /psi	PL Carbon Pro 氣壓 /psi
50	93	107
60	115	131
70	138	155
80	160	178
90	183	202
100	205	226
110	228	250
120	250	273

PL Carbon



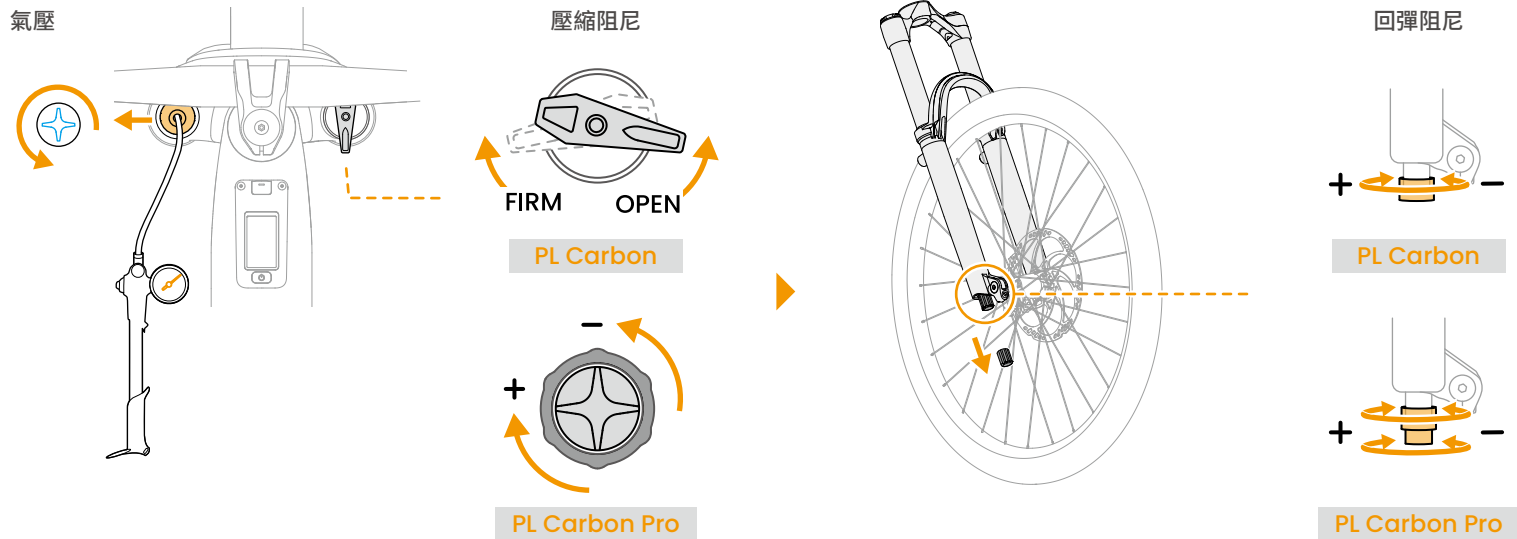
PL Carbon Pro



CHT

前叉

請根據前叉上印有的建議氣壓範圍進行調節。



KR

- ◆ 조립 단계에 대해 확신이 없는 경우, 현지 AMFLOW 공인 리테일러에게 문의하십시오.
- ◆ 사용 및 유지 보수에 대한 자세한 내용은 사용자 매뉴얼을 참조하십시오.
- ◆ 다른 부품에 적용 가능한 토크 사양은 제조업체 매뉴얼이나 볼트 근처에 인쇄된 섹션에서 찾을 수 있습니다.



- ◆ 전면 브레이크는 기본적으로 핸들바의 왼쪽에, 후면 브레이크는 핸들바의 오른쪽에 있습니다. 거주 중인 국가 또는 지역의 규정에 따라 브레이크 레버 위치를 전환하십시오.
- ◆ 패키지에 포함된 페달은 시험용입니다. 페달을 산악자전거에 사용하지 마십시오. 각 페달에 필요한 토크는 30~35Nm입니다. 라이딩 중에 페달이 풀리지 않도록 완전히 조이기 위해 현지 공인 리테일러에게 문의하거나 전문 도구를 사용하는 것이 좋습니다.

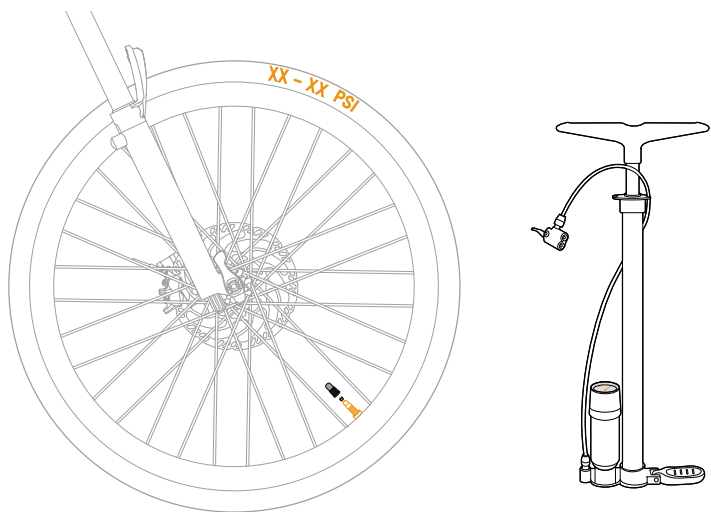
KR

타이어 공기 주입

라이딩 전에 총 무게 (라이더와 페이로드)에 따라 권장 압력에 맞게 타이어에 공기를 주입하십시오. 공기압 게이지가 있는 Presta 밸브 펌프를 준비하십시오.



- ◆ 타이어 측면에 있는 압력 범위를 참조하십시오. 최대 압력 한도를 초과하지 마십시오.



무게 / kg	전면 휠 / psi	후면 휠 / psi
50	19	22
60	20	23
70	21	24
80	22	25
90	23	27
100	25	28
110	26	29
120	27	31

포크 및 리어 쇼크 설정

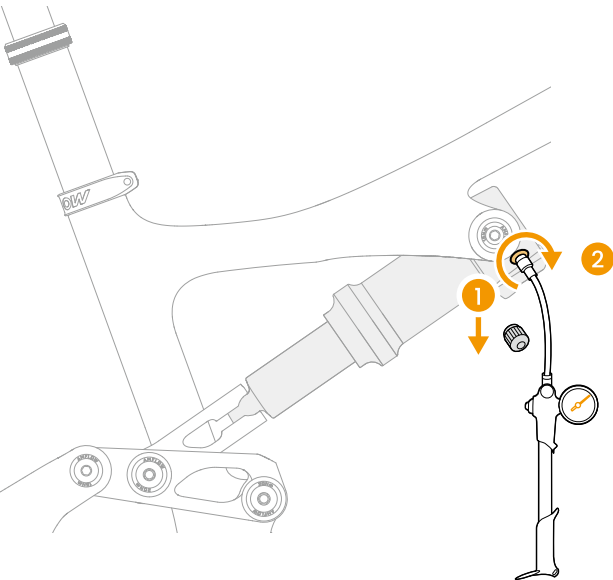
라이딩 전에 포크와 리어 쇼크를 총 무게 (라이더와 페이로드) 에 맞게 설정하십시오. 라이딩하는 동안 경험과 지형 조건에 따라 필요에 맞게 추가로 조정할 수 있습니다.



- ◆ 제조업체의 최대 압력 한도를 초과하지 마십시오.
- ◆ Amflow PL Carbon Pro의 포크 및 리어 쇼크 모델은 다릅니다. 조정에 대한 자세한 내용은 제조업체 매뉴얼을 참조하십시오.

쇼크

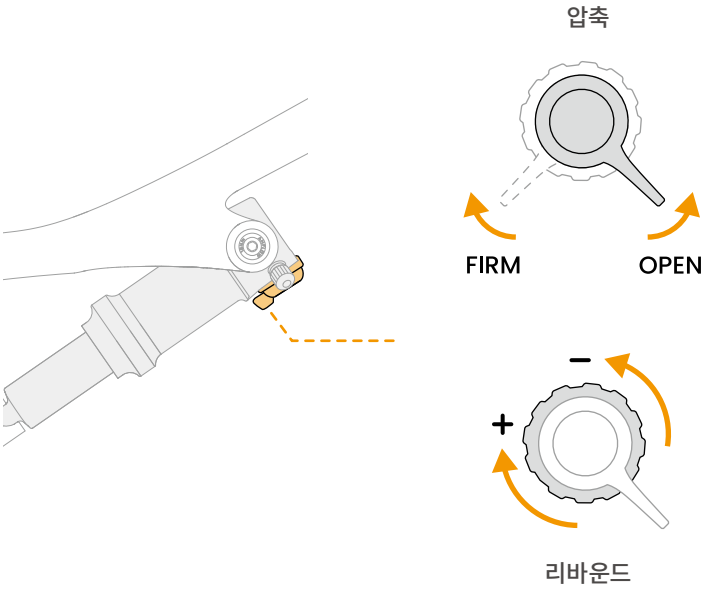
공기압



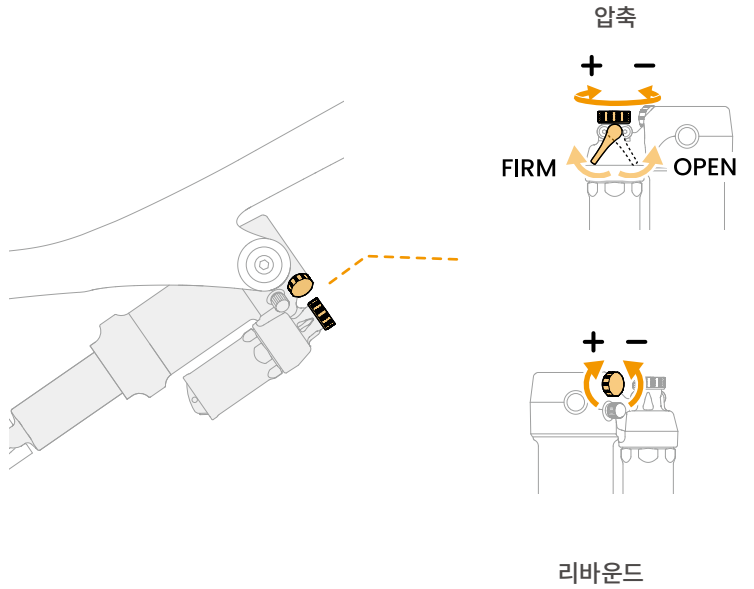
AMFLOW 에서 권장하는 공기압 범위가 표에 정리되어 있습니다.

무게 / kg	PL Carbon / psi	PL Carbon Pro / psi
50	93	107
60	115	131
70	138	155
80	160	178
90	183	202
100	205	226
110	228	250
120	250	273

PL Carbon

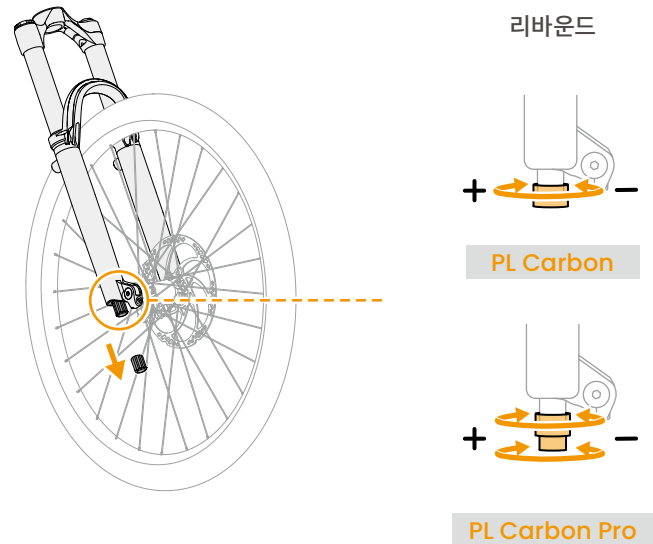
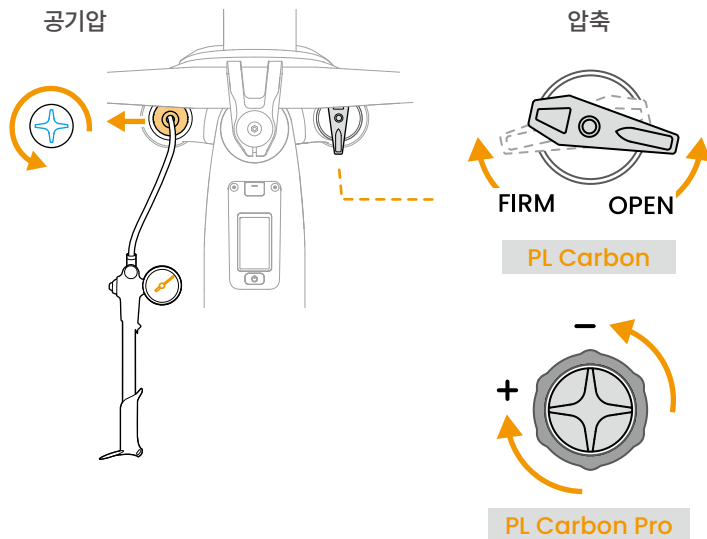


PL Carbon Pro



포크

포크에 인쇄된 권장 범위에 따라 공기압과 리바운드를 조정하십시오.



- ♦ Wenn Sie Fragen zu den Montageschritten haben, wenden Sie sich bitte an Ihren autorisierten AMFLOW-Händler vor Ort.
- ♦ Weitere Informationen zur Verwendung und Wartung finden Sie im Handbuch.
- ♦ Die jeweiligen Drehmomentangaben für andere Komponenten finden Sie im Handbuch des Herstellers oder im gedruckten Abschnitt in der Nähe der Schraube.



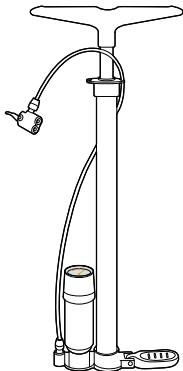
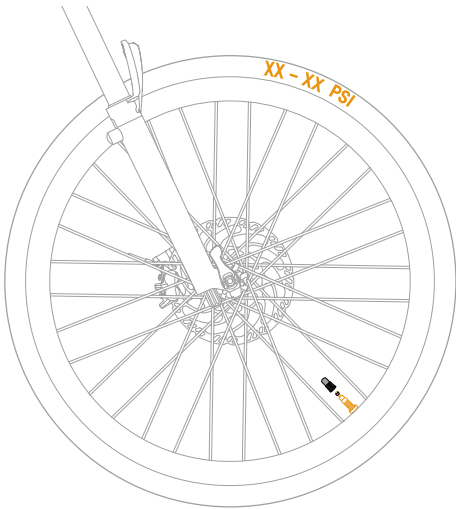
- ♦ Die Vorderradbremse befindet sich auf der linken Seite des Lenkers und die Hinterradbremse befindet sich standardmäßig auf der rechten Seite des Lenkers. Ändern Sie die Position des Bremshebels entsprechend den Vorschriften in Ihrem Land oder Ihrer Region.
- ♦ Die im Paket enthaltenen Pedale sind nur zum Ausprobieren vorgesehen. Verwenden Sie die Pedale nicht zum Mountainbiken. Das erforderliche Drehmoment für jedes Pedal beträgt 30 bis 35 N·m. Es wird empfohlen, die Pedale bei einem autorisierten Händler vor Ort oder mit professionellem Werkzeug festzuziehen, damit sie sich während der Fahrt nicht lockern.

Reifen aufpumpen

Pumpen Sie die Reifen vor der Fahrt auf den empfohlenen Druck entsprechend dem Gesamtgewicht (Fahrer und Nutzlast) auf. Bereiten Sie eine Presta-Ventilpumpe mit einem Luftdruckmesser vor.



- ♦ Den entsprechenden Druckbereich finden Sie auf der Reifenflanke. Überschreiten Sie nicht die maximale Druckhöhe.



Gewicht / kg	Vorderreifen / psi	Hinterreifen / psi
50	19	22
60	20	23
70	21	24
80	22	25
90	23	27
100	25	28
110	26	29
120	27	31

Gabel und hinteres Federbein einstellen

Stellen Sie vor der Fahrt die Gabel und das hintere Federbein entsprechend dem Gesamtgewicht (Fahrer und Nutzlast) ein. Während der Fahrt können Sie je nach Erfahrung und Geländebeschaffenheit weitere Anpassungen vornehmen.

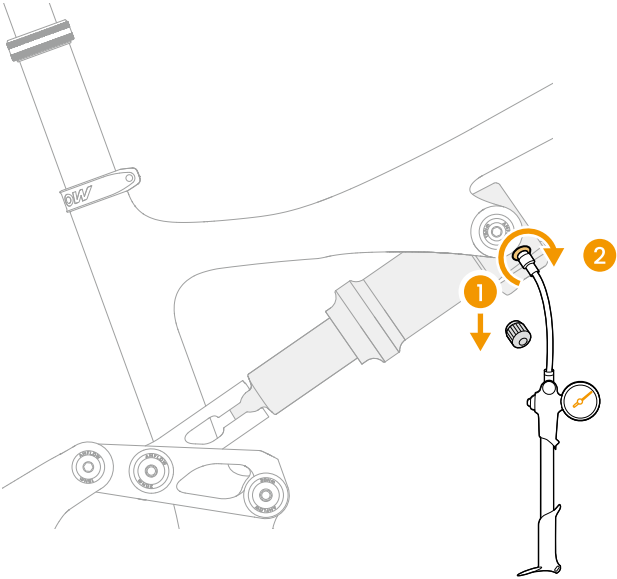


- ♦ Überschreiten Sie nicht die vom Hersteller angegebene maximale Druckhöhe.
- ♦ Die Modelle der Gabel und des Federbeins sind beim Amflow PL Carbon Pro unterschiedlich. Weitere Informationen zur Einstellung finden Sie im Handbuch des Herstellers.

Federbein

Luftdruck

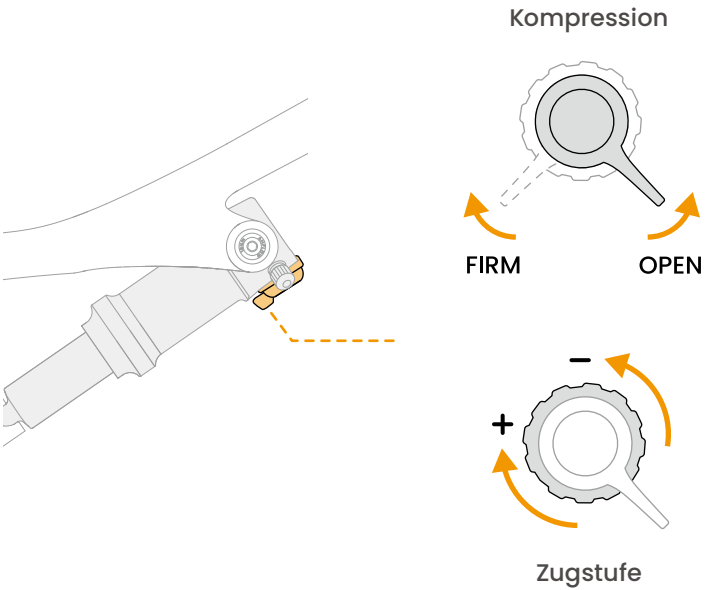
DE



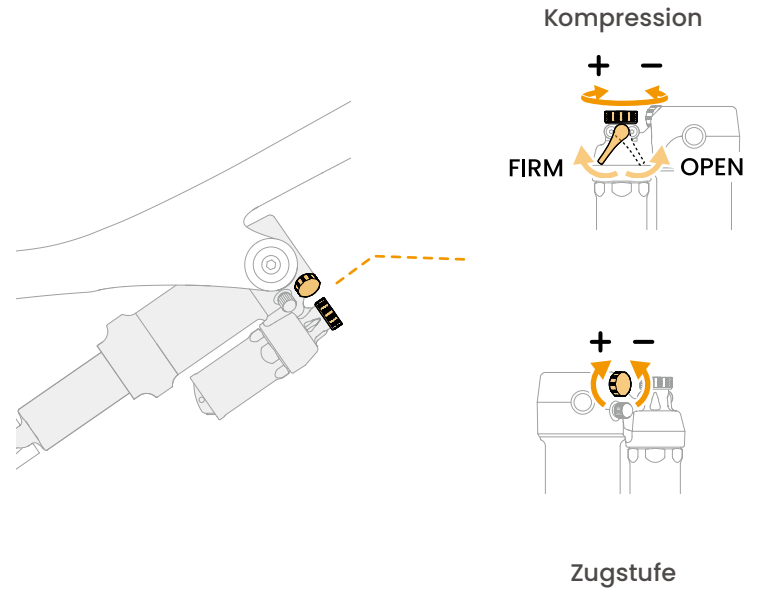
Der von AMFLOW empfohlene Luftdruckbereich ist in der Tabelle angegeben.

Gewicht / kg	PL Carbon / psi	PL Carbon Pro / psi
50	93	107
60	115	131
70	138	155
80	160	178
90	183	202
100	205	226
110	228	250
120	250	273

PL Carbon



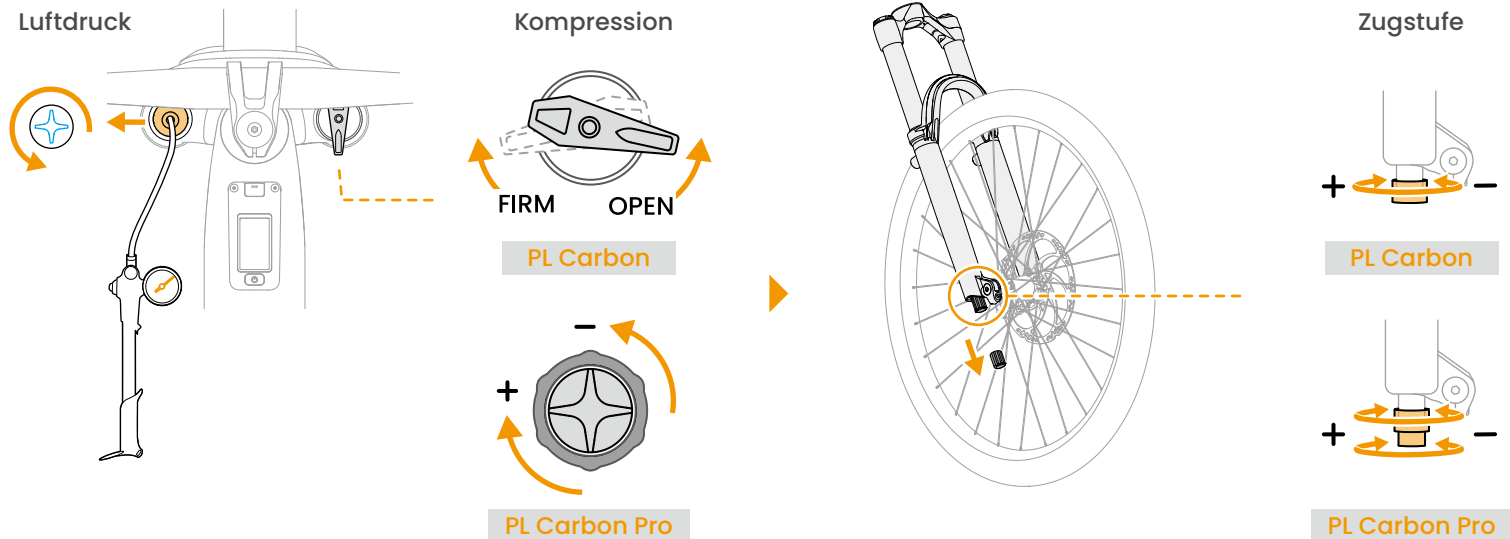
PL Carbon Pro



DE

Fahrradgabel

Stellen Sie den Luftdruck und die Zugstufe entsprechend dem empfohlenen Bereich ein, der auf der Fahrradgabel angegeben ist.



- ♦ Póngase en contacto con su distribuidor de AMFLOW local autorizado para obtener ayuda si tiene dudas sobre el procedimiento de montaje.
- ♦ Consulte el Manual del usuario para obtener más información sobre el uso y el mantenimiento.
- ♦ Las especificaciones de torsión aplicables para otros componentes pueden consultarse en el manual del fabricante o en la sección impresa junto al tornillo.



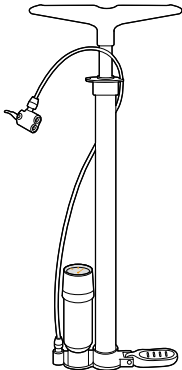
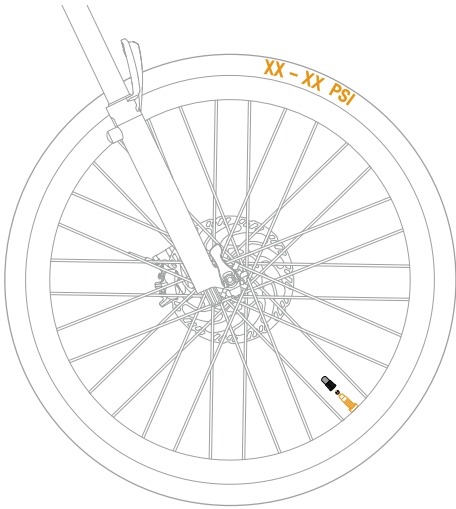
- ♦ De forma predeterminada, el freno frontal está en el lado izquierdo del manillar y el freno trasero está en el lado derecho del manillar. Cambie las posiciones de la manilla de freno de acuerdo con las normativas de su país o región.
- ♦ Los pedales incluidos en el paquete son solo para el modo trial. No utilice los pedales para ciclismo de montaña. La torsión recomendada para cada pedal es de 30-35 N·m. Se recomienda consultar con los distribuidores locales autorizados o utilizar herramientas profesionales para ajustar completamente los pedales y evitar que se aflojen mientras se está pedaleando.

Inflar los neumáticos

Antes de montarse en la bicicleta, infle los neumáticos a la presión recomendada en función del peso total (ciclista y carga útil). Prepare una bomba con válvula presta y un manómetro de aire.



- ♦ Compruebe el rango de presión en el lateral del neumático. No exceda el límite máximo de presión.



Peso/kg	Rueda frontal/psi	Rueda trasera/psi
50	19	22
60	20	23
70	21	24
80	22	25
90	23	27
100	25	28
110	26	29
120	27	31

Configurar la horquilla y el amortiguador trasero

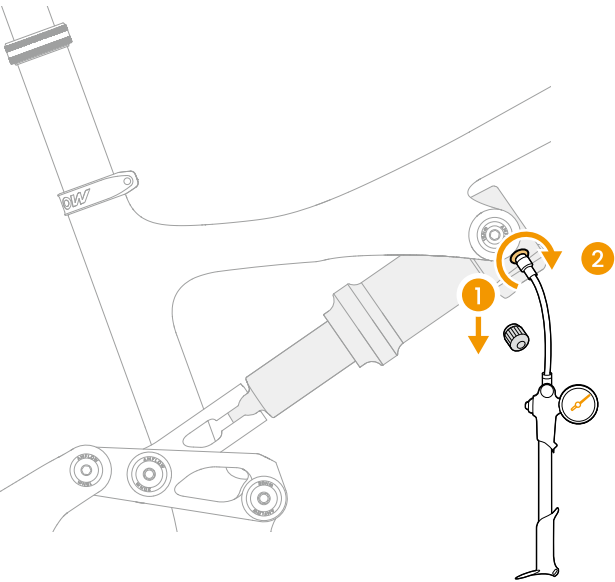
Antes de empezar a montar, configure la horquilla y el amortiguador trasero en función del peso total (ciclista y carga útil). Más adelante, podrá realizar los ajustes necesarios según su experiencia y las condiciones del terreno.



- ♦ No supere el límite máximo de presión del fabricante.
- ♦ Los modelos de la horquilla y el amortiguador trasero son diferentes para Amflow PL Carbon Pro. Consulte el manual del fabricante para obtener más información sobre el ajuste.

Amortiguador

Presión de aire

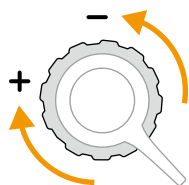
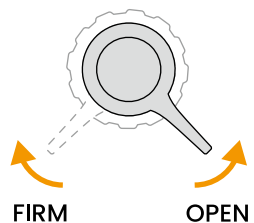


El rango de presión de aire recomendado por AMFLOW se muestra en la tabla.

Peso/kg	PL Carbon/psi	PL Carbon Pro/psi
50	93	107
60	115	131
70	138	155
80	160	178
90	183	202
100	205	226
110	228	250
120	250	273

PL Carbon

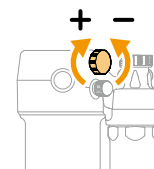
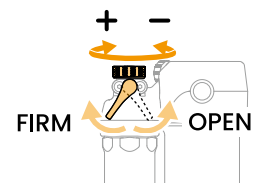
Compresión



Rebote

PL Carbon Pro

Compresión

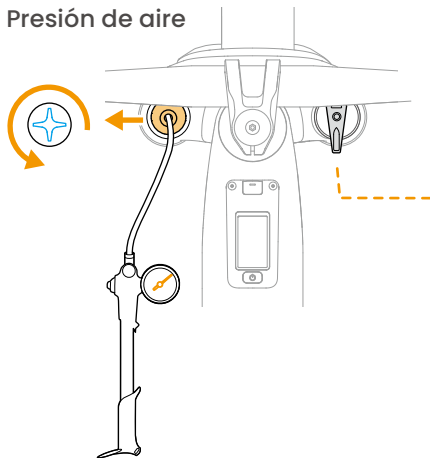


Rebote

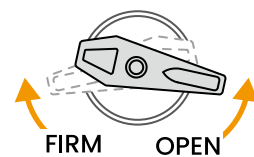
Horquilla

Ajuste la presión del aire y el rebote de acuerdo con el rango recomendado impreso en la horquilla.

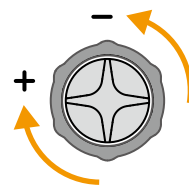
Presión de aire



Compresión

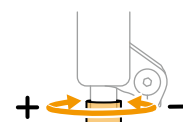


PL Carbon

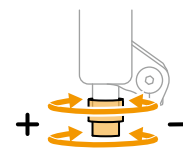


PL Carbon Pro

Rebote



PL Carbon



PL Carbon Pro

- ◆ Contactez votre revendeur AMFLOW agréé local pour obtenir de l'aide si vous n'êtes pas sûr des étapes d'assemblage.
- ◆ Reportez-vous au Guide d'utilisateur pour plus d'informations sur l'utilisation et la maintenance.
- ◆ Pour les autres composants, les spécifications de couple applicables se trouvent dans le manuel du fabricant ou dans la section imprimée près du boulon.



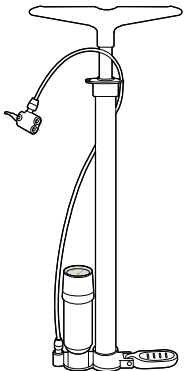
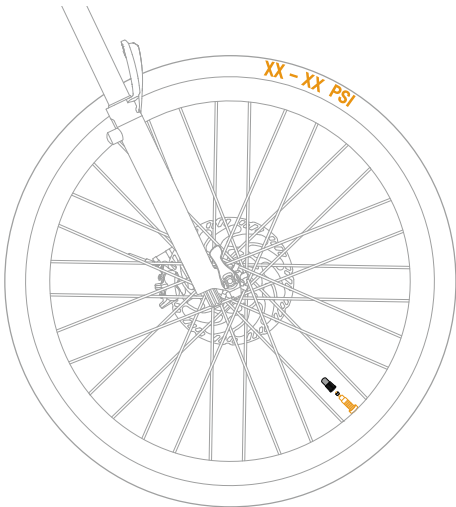
- ◆ Le frein avant se trouve par défaut sur le côté gauche du guidon et le frein arrière se trouve par défaut sur le côté droit du guidon. Changez les positions de levier de frein conformément aux réglementations de votre pays ou région.
- ◆ Les pédales fournies sont uniquement destinées à des essais. N'utilisez pas les pédales pour faire du VTT. Le couple requis de chaque pédale est de 30 à 35 N·m. Il est recommandé de demander à des revendeurs agréés locaux ou d'utiliser des outils professionnels pour serrer complètement les pédales afin d'éviter qu'elles se desserrent pendant la conduite.

Gonfler les pneus

Avant de rouler, gonflez les pneus à la pression recommandée en fonction du poids total (pilote et charge utile). Préparez une pompe à valve Presta avec un manomètre.



- ◆ Reportez-vous au flanc du pneu pour connaître la plage de pression. Ne dépassez pas la limite de pression maximale.



Poids/kg	Roue avant/psi	Roue arrière/psi
50	19	22
60	20	23
70	21	24
80	22	25
90	23	27
100	25	28
110	26	29
120	27	31

Configurer la fourche et l'amortisseur arrière

Avant de rouler, réglez la fourche et l'amortisseur arrière en fonction du poids total (pilote et charge utile). Pendant que vous roulez, vous pouvez ajuster davantage selon vos besoins en fonction de votre expérience et des conditions du terrain.

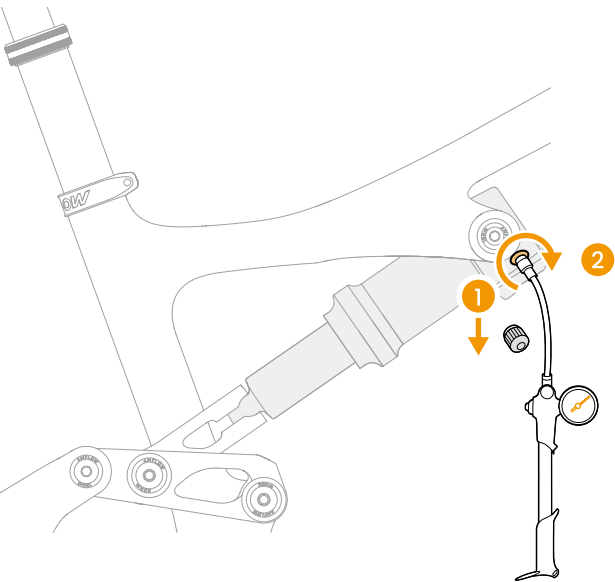


- ♦ Ne dépassez pas la limite de pression maximale du fabricant.
- ♦ Les modèles de fourche et d'amortisseur arrière sont différents pour le Amflow PL Carbon Pro. Reportez-vous au manuel du fabricant pour plus d'informations sur le réglage.

Amortisseur

Pression d'air

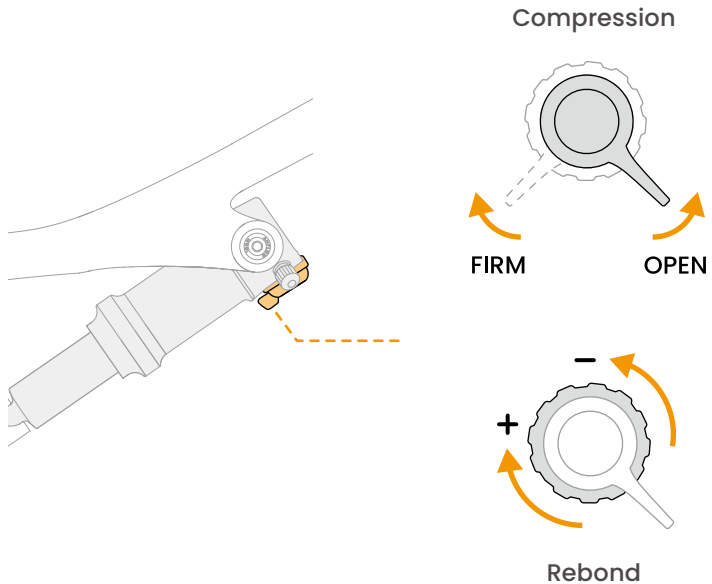
FR



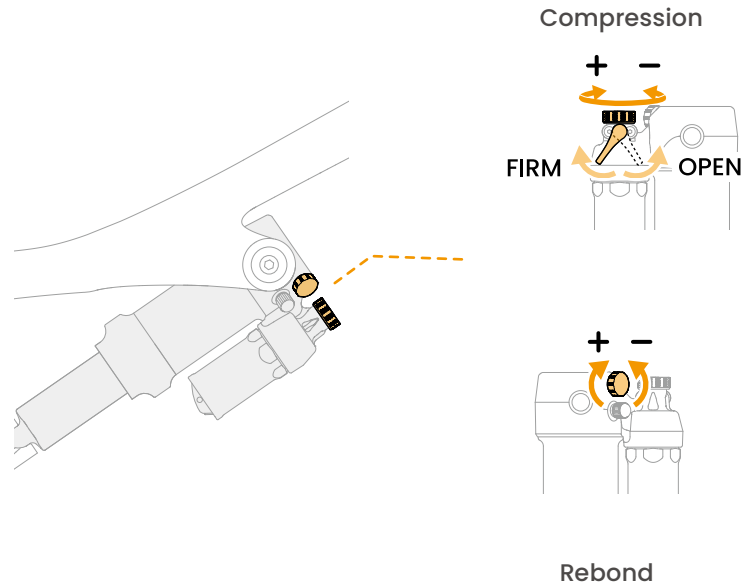
La plage de pression d'air recommandée par AMFLOW est indiquée dans le tableau.

Poids/kg	PL Carbon/psi	PL Carbon Pro/psi
50	93	107
60	115	131
70	138	155
80	160	178
90	183	202
100	205	226
110	228	250
120	250	273

PL Carbon



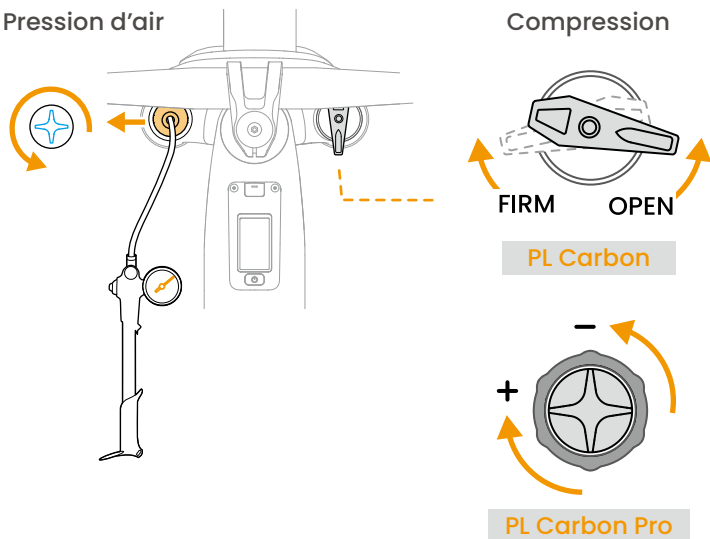
PL Carbon Pro



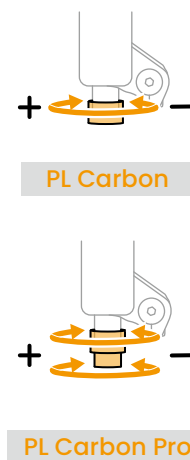
Fourche

Ajustez la pression d'air et le rebond selon la plage recommandée imprimée sur la fourche.

Pression d'air



Rebond



- ♦ Per assistenza nella fase di montaggio, contattare il rivenditore autorizzato AMFLOW locale.
- ♦ Per ulteriori informazioni sull'uso e la manutenzione, consultare il Manuale d'uso.
- ♦ Per altri componenti, le specifiche di coppia applicabili sono riportate nel manuale del produttore o nella sezione stampata in corrispondenza del bullone.



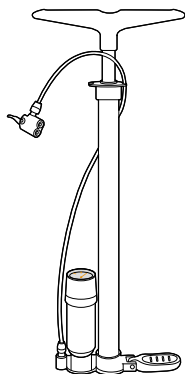
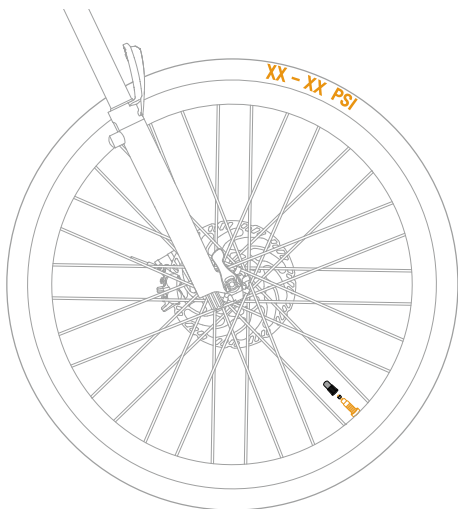
- ♦ Il freno anteriore è posizionato sul lato sinistro del manubrio, mentre quello posteriore sul lato destro. per impostazione predefinita. Cambiare le posizioni delle leve dei freni in base alle normative vigenti nel proprio Paese o regione.
- ♦ I pedali contenuti nella confezione sono da usare unicamente per le prove. Non utilizzare i pedali per escursioni in mountain bike. La coppia richiesta per ogni pedale è di 30-35 N·m. È consigliato rivolgersi ai rivenditori autorizzati locali o usare strumenti professionali per serrare completamente i pedali ed evitare il loro allentamento durante l'uso.

Gonfiare le ruote

Prima di partire, gonfiare le ruote alla pressione consigliata in base al peso totale (pilota e carico). Preparare una pompa per valvola Presta e un manometro.



- ♦ Consultare il lato della ruota per verificare l'intervallo di pressione. Non superare il limite massimo previsto.



Peso / kg	Ruota anteriore / psi	Ruota posteriore / psi
50	19	22
60	20	23
70	21	24
80	22	25
90	23	27
100	25	28
110	26	29
120	27	31

Regolare forcella e ammortizzatore posteriore

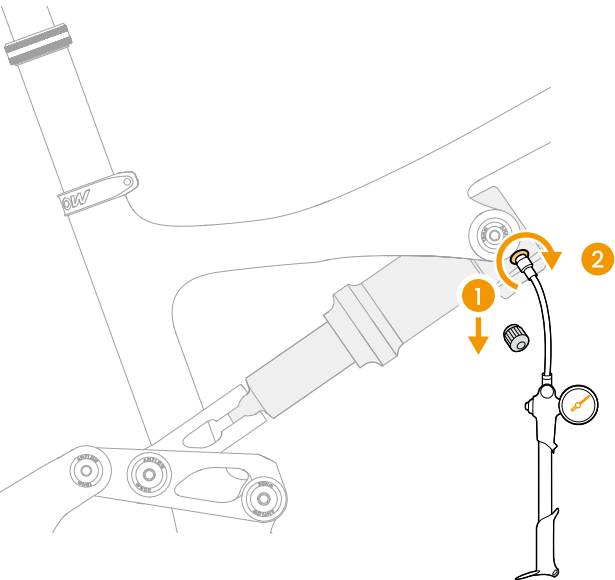
Prima di partire, regolare la forcella e l'ammortizzatore posteriore in base al peso totale (pilota e carico). Durante la corsa, è possibile effettuare ulteriori regolazioni in base all'esperienza personale e alle condizioni del terreno.



- ♦ Non superare il limite massimo previsto dal produttore.
- ♦ I modelli della forcella e dell'ammortizzatore posteriore sono diversi per Amflow PL Carbon Pro. Per ulteriori informazioni sulla regolazione, consultare il manuale del produttore.

Ammortizzatore

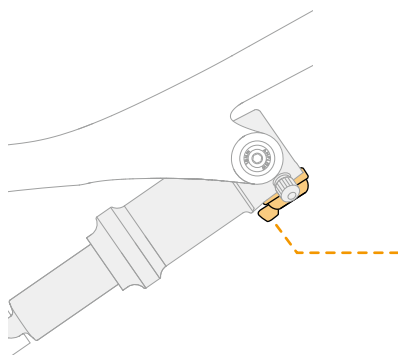
Pressione dell'aria



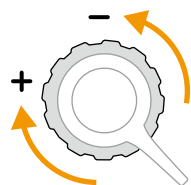
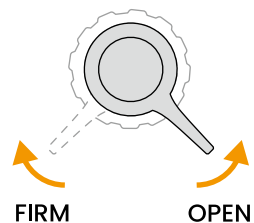
L'intervallo di pressione dell'aria consigliato da AMFLOW è riportato nella tabella.

Peso / kg	PL Carbon / psi	PL Carbon Pro / psi
50	93	107
60	115	131
70	138	155
80	160	178
90	183	202
100	205	226
110	228	250
120	250	273

PL Carbon

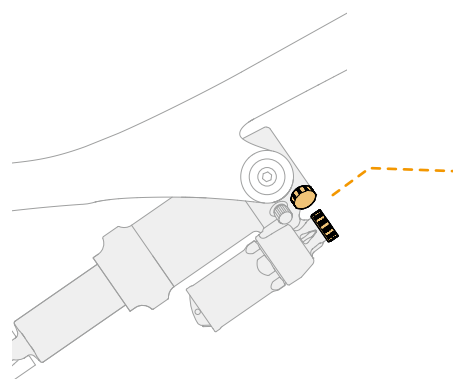


Compressione

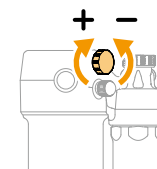
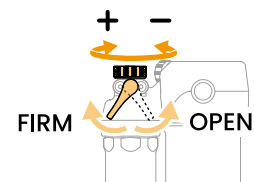


Ritorno

PL Carbon Pro



Compressione

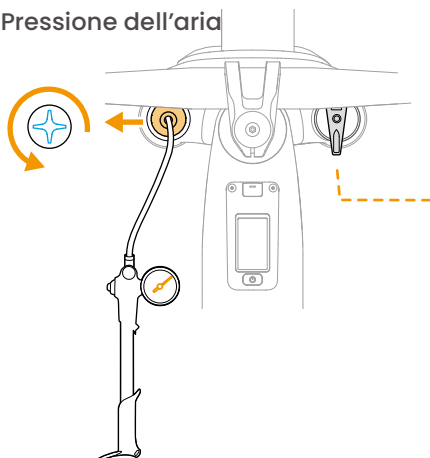


Ritorno

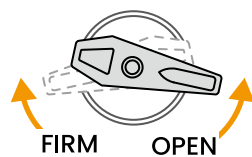
Forcella

Regolare la pressione dell'aria e il ritorno in base all'intervallo consigliato stampato sulla forcella.

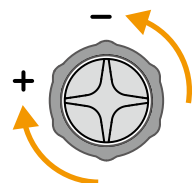
Pressione dell'aria



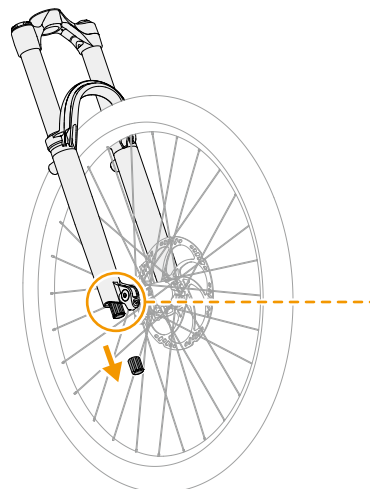
Compressione



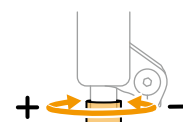
PL Carbon



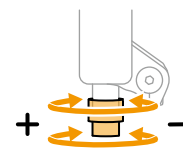
PL Carbon Pro



Ritorno



PL Carbon



PL Carbon Pro

- ◆ Neem contact op met uw plaatselijke, erkende AMFLOW-verkoper voor hulp als u niet zeker bent van de montageschappen.
- ◆ Raadpleeg de gebruikershandleiding voor meer informatie over gebruik en onderhoud.
- ◆ Voor andere componenten kunt u de toepasselijke aandaaaimomentspecificaties vinden in de handleiding van de fabrikant of in het gedrukte gedeelte bij de bout.



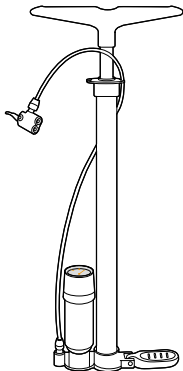
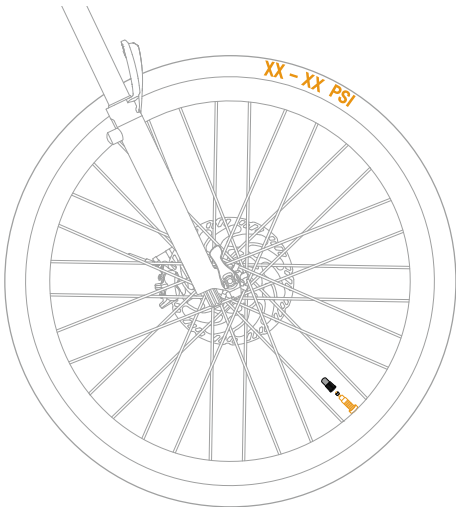
- ◆ De voorrem bevindt zich standaard aan de linkerkant van het stuur en de achterrem bevindt zich standaard aan de rechterkant van het stuur. Wijzig de remhendelposities volgens de regelgeving in uw land of regio.
- ◆ De pedalen in het pakket zijn uitsluitend bedoeld om te testen. Gebruik de pedalen niet om te mountainbiken. Het vereiste koppel van elk pedaal is 30-35 N·m. Het wordt aanbevolen om plaatselijke geautoriseerde verkopers te vragen of professioneel gereedschap te gebruiken om de pedalen volledig vast te draaien om te voorkomen dat ze losraken tijdens het rijden.

Pomp de banden op

Voordat u gaat rijden, pompt u de banden op tot de aanbevolen druk, afhankelijk van het totale gewicht (rijder en laadvermogen). Bereid een Presta-ventieelpomp voor met een luchtdrukmeter.



- ◆ Raadpleeg de zijwand van de band voor het drukbereik. Overschrijd de maximale druklimiet niet.



Gewicht/kg	Voorwiel/psi	Achterwiel/psi
50	19	22
60	20	23
70	21	24
80	22	25
90	23	27
100	25	28
110	26	29
120	27	31

Vork en schokdemper instellen

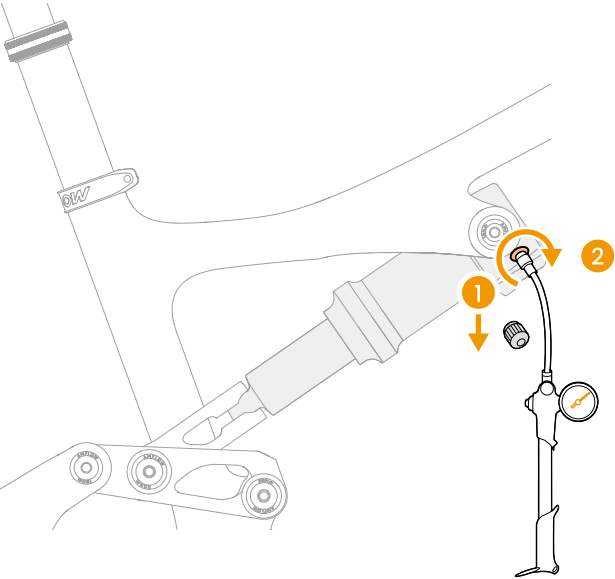
Voordat u gaat rijden, stelt u de vork en schokdemper af op basis van het totale gewicht (rijder en laadvermogen). Tijdens het rijden kunt u het indien nodig verder aanpassen op basis van uw ervaring en terreinomstandigheden.



- ♦ Overschrijd de maximale druklimiet van de fabrikant niet.
- ♦ De modellen van de vork en schokdemper zijn verschillend voor Amflow PL Carbon Pro. Raadpleeg de handleiding van de fabrikant voor meer informatie over het instellen.

Schok

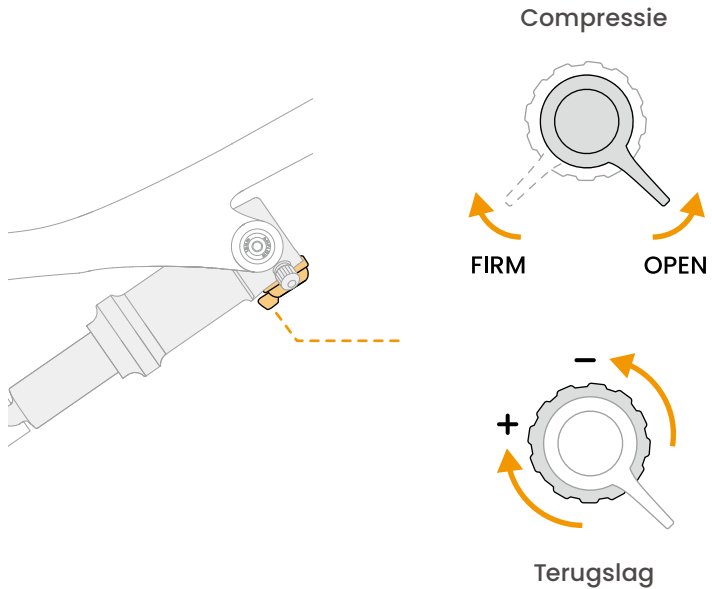
Luchtdruk



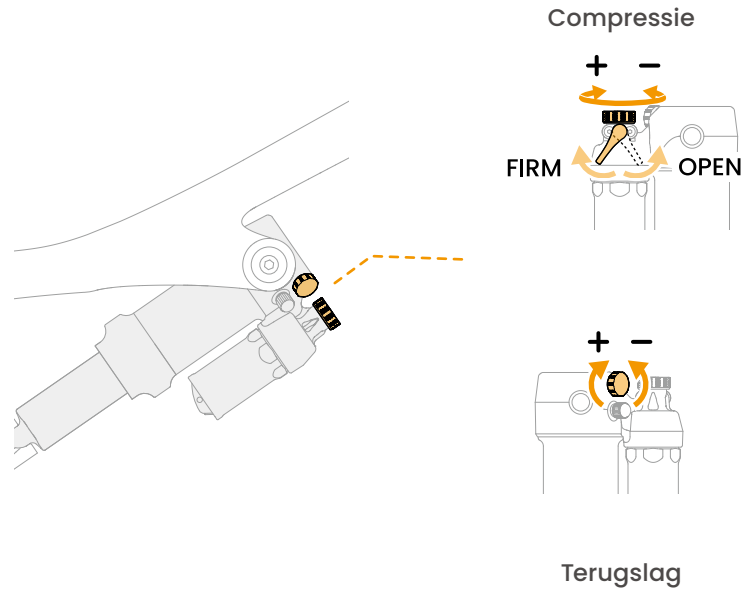
Het door AMFLOW aanbevolen luchtdrukbereik wordt weergegeven in de tabel.

Gewicht/kg	PL Carbon/psi	PL Carbon Pro/psi
50	93	107
60	115	131
70	138	155
80	160	178
90	183	202
100	205	226
110	228	250
120	250	273

PL Carbon



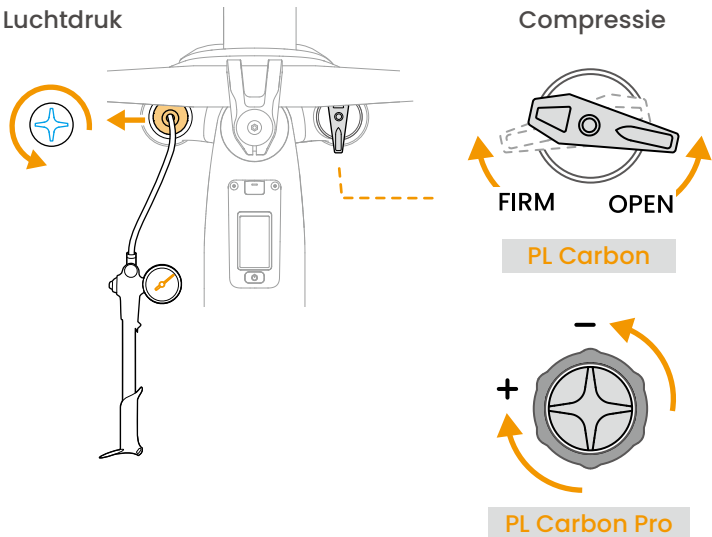
PL Carbon Pro



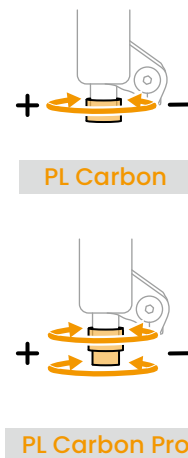
Vork

Pas de luchtdruk en terugslag aan volgens het aanbevolen bereik dat op de vork staat vermeld.

Luchtdruk



Terugslag



- ◆ Contacte o seu revendedor local autorizado da AMFLOW para obter ajuda se não tiver a certeza dos passos de montagem.
- ◆ Consulte o manual do utilizador para obter mais informações sobre a utilização e a manutenção.
- ◆ No caso dos outros componentes, poderá encontrar as especificações de binário aplicáveis no manual do fabricante ou na secção impressa junto ao parafuso.



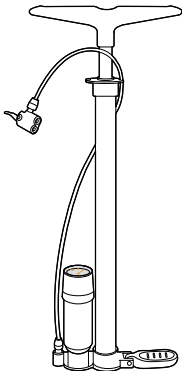
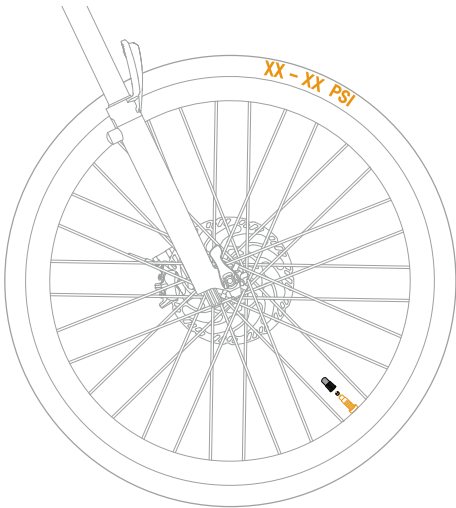
- ◆ O travão dianteiro encontra-se no lado esquerdo do guiador e o travão traseiro encontra-se no lado direito do guiador por defeito. Mude as posições das alavancas de travão de acordo com os regulamentos do seu país ou região.
- ◆ Os pedais incluídos na embalagem destinam-se apenas a ensaios. Não utilize os pedais para ciclismo de montanha. O binário necessário para cada pedal é de 30-35 N·m. Recomenda-se que solicite ajuda a revendedores autorizados locais ou utilize ferramentas profissionais para apertar totalmente os pedais, de forma a evitar que se soltem durante os passeios de bicicleta.

Encha os pneus

Antes de andar de bicicleta, encha os pneus com a pressão recomendada de acordo com o peso total (ciclista e carga). Prepare uma bomba de válvula Presta com um manómetro de pressão de ar.



- ◆ Consulte a parede lateral do pneu para conhecer o intervalo de pressões. Não ultrapasse o limite máximo de pressão.



Peso/kg	Roda dianteira/psi	Roda traseira/psi
50	19	22
60	20	23
70	21	24
80	22	25
90	23	27
100	25	28
110	26	29
120	27	31

Regule a forqueta e o amortecedor traseiro

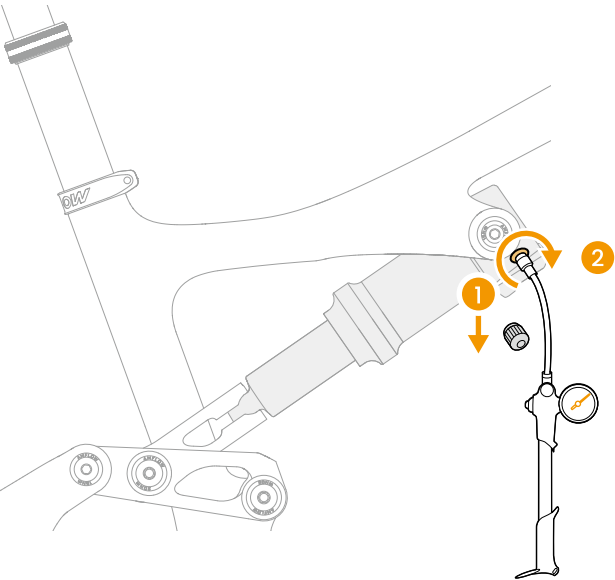
Antes de andar de bicicleta, regule a forqueta e o amortecedor traseiro de acordo com o peso total (ciclista e carga). Durante os passeios de bicicleta, pode efetuar os ajustes necessários com base na sua experiência e nas condições do terreno.



- ♦ Não ultrapasse o limite máximo de pressão indicado pelo fabricante.
- ♦ Os modelos da forqueta e do amortecedor traseiro são diferentes para a Amflow PL Carbon Pro. Consulte o manual do fabricante para obter mais informações sobre o ajuste.

Amortecedor

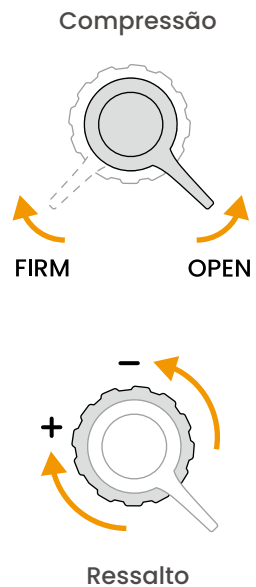
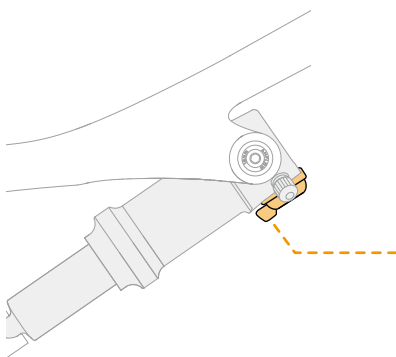
Pressão de ar



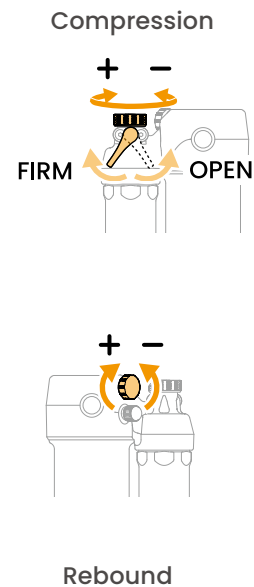
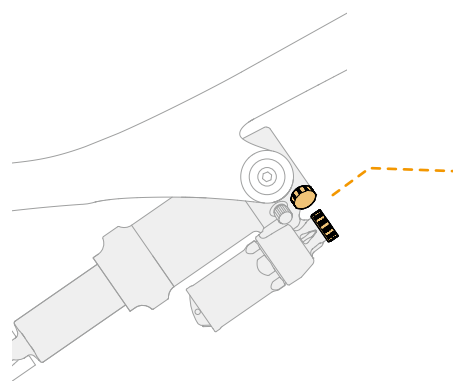
O intervalo de pressão de ar recomendado pela AMFLOW é apresentado na tabela.

Peso/kg	PL Carbon/psi	PL Carbon Pro/psi
50	93	107
60	115	131
70	138	155
80	160	178
90	183	202
100	205	226
110	228	250
120	250	273

PL Carbon



PL Carbon Pro

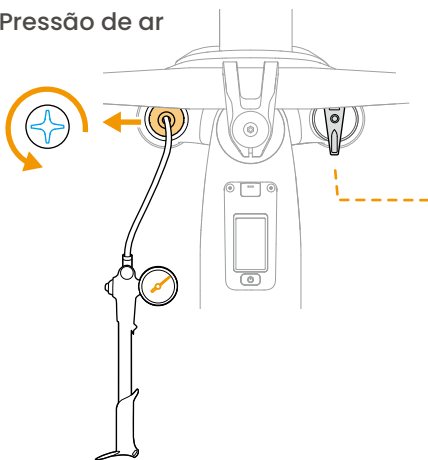


PT

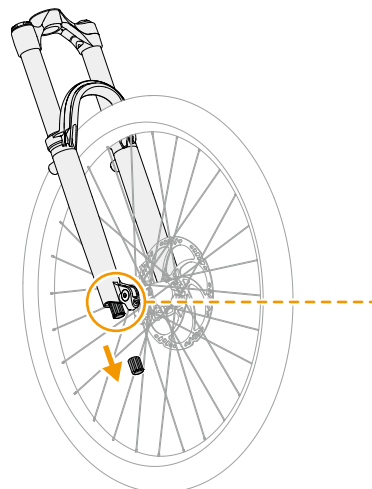
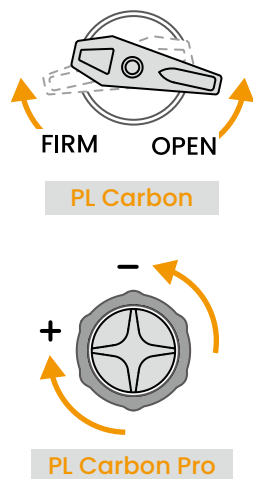
Forqueta

Ajuste a pressão de ar e o ressalto de acordo com o intervalo recomendado impresso na forqueta.

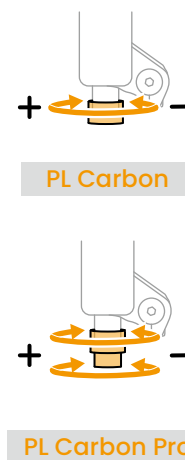
Pressão de ar



Compressão



Ressalto





<https://www.amflowbikes.com/support>



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